

The Ultimate Breathing Workout - Jaime Vendera

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The Ultimate Breathing Workout ebook was written by the author of Raise Your Voice, Jaime Vendera, who is the only documented singer in the world to shatter a glass by voice alone. The Ultimate Breathing Workout provides a nine-step breathing program designed to increase breath capacity, strengthen the breathing apparatus and enable you to hold out notes for over a minute. The book also contains additional "Breath Builders" as well as contributed articles by breathing specialists Michael White and Ryna Murdock. Book comes with access to ten audio examples. Words: alone music, audio music, by the music, glass white, is the music, Michael music, Michael white, minute workout, music audio, music Michael, music of the world, music only you, music program, music the world, music voice Author: Vendera, Jaime Publisher: Vendera Publishing Illustration: N Language: ENG Title: The Ultimate Breathing Workout Pages: 00000 (Encrypted PDF) On Sale: 2009-01-01 SKU-13/ISBN: 9780974941141 Category: Music : Instruction & Study - Voice Category: Music : Instruction & Study - Exercises Category: Music : Reference

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