## Mp3 Tony Leroy - True Embrace - Meditations To Connect To The Inner You

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Meditation for me is a means to connect to the in-dwelling greatness, which lives within each person. 3 MP3 Songs in this album (33:56) ! Related styles: NEW AGE: Meditation, NEW AGE: Spiritual Details: These meditations can give one the ability to look at any given issue with more patience and understanding; the feeling of being more conscious, easeful, and calm. Sometimes all it takes is a simple step of getting out of one's way to allow this to happen. The roots for this CD grew out of Tony LeRoy's regularly held Embracing Your Future Self workshops. These meditations can be used to augment the work learned in the workshop or for one's independent meditation practice. The language for these meditations is purposely kept very simple. Although guided, the meditations are designed to provide a forum for the listener to be able to have their own experience. The music, language and tempo are meant to assist the listener to go at his or her own pace. It is important to take your time with each track. Keep a journal with you so you can write down any thoughts or feelings that may come up for you. About the artist: Tony LeRoy has been giving intuitive/psychic counseling sessions for over seventeen years. He was drawn at an early age to the life and legacy of Edgar Cayce and first became aware of his own psychic abilities in adolescence. Tony is a psychic whose gifts have found their most resonant expression in what he calls intuitive counseling. Meaning, Tony is a healer and a guide, and the "miracles" he works are all about helping you discover your own power to create your own life. Tony tunes into you yesterday, today and tomorrow. Hes also probably the most amusing man youll ever meet behind a deck of Tarot cards. He deals them up with a bit of sass and a dash of tough love. He doesnt give you easy answers. He gives you clarity. Youll leave your session with greater personal insight, a feeling of empowerment about the path ahead and a heightened awareness of your own ability to create or manifest change in your life. Youll have a stronger sense of who you are and where you're going. Tony is about truth and respect, with a smile. Tony isnt a therapist, though you may feel many of your problems identified. Tony isnt a mystic, though you may feel your outlook transformed. He is not a miracle worker, though you may work your own miracles through his insight. Tony is not any of these things, in any normal definition of the

terms. He is enigmatic, while he unravels your own individual mystery. A session with Tony is not normalit is extraordinary. And that is Tonys hope for you- to be extraordinary. To be you! He will help you get there, if you let him. Because the question is really not, Who is Tony LeRoy? but Who are you?

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