Mp3 Trina Brunk - Shower Tracks 2009

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Beautifully relaxing, inspiring, uplifting: positively shift the energy of your day. 9 MP3 Songs in this album (34:57)! Related styles: NEW AGE: Spiritual, SPIRITUAL: Inspirational People who are interested in Karen Drucker should consider this download. Details: about this CD This album came about in response to requests for background tracks, so people could sing along with all the harmony and accompaniment support. I thought it was a great idea! about trina I grew up in the 70s and 80s singing with my big family in rural Missouri. Friends sometimes joked that visiting the Brunks was like finding yourself in the middle of a Broadway musical, with someone bursting into song with only the slightest provocation. As a young homeschooler, I listened to my cousins play the piano and was certain that I would never be able to do that; however, when an elderly and dilapidated player piano was given to the family, over time I gathered the courage to approach the huge echo-ey thing and, picking note by note, taught myself how to play Chariots of Fire and then Music Box Dancer. The tones filled me with delight and wonder, and a passionate desire for more music which I fed through many avenues -- piano, guitar and voice lessons and listening to George Winston, Cris Williamson, Holly Near, Sweet Honey in the Rock; finding deep harmony and expression with my sisters. Later I immersed myself in the amazing sounds of Bulgarian women's choirs, Australian Didgeridoo music, and the ecstatic music and dance of Peter Deunov. I found myself drawn to and lifted by the Universal Dances of Peace and sacred chants sung round campfires. Still the yearning pulled me to make sounds and songs Id never heard before. They didnt fit into any category I could name and twisted and turned in ways that I couldnt comprehend or predict. Falling into empty space, the sweet sounds seemed to vanish. I eventually turned away, and became engrossed in the process of making a family and building a web design business. Years later, as I awaited the birth of my third son, the music came back. I hit upon a mix of creative process and technology that have allowed me to hold and reflect back some of the sounds that are comTrina with Aidaning through me. I made my first CD the week before Ethan came into the world on Christmas Eve, 2008. Now, woven in with client projects and enjoying my family, Im listening and making space for new songs again. I have no idea what will come forward next but I trust the process, and delight in sharing it with you.

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