

Journey Through Reiki With Lisa Guyman: Complete Treatments, Principles, Instruction & Music. 5 Cd Set

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Journey Through Reiki with Lisa Guyman (5 CDs in total) is an empowering, experiential and educational guide to Reiki that enhances the training received at a Reiki workshop. Lisa Guyman guides you in this program through core healing concepts, energy practices and Reiki treatments in a thoughtful and meditative way. Her soothing voice merges with ambient music providing an ideal healing environment for Reiki. Lisa Guyman, a Reiki Master, Chopra Meditation Instructor, hypnotist and author, has been teaching Reiki workshops since 1998 and invites you to experience the power and healing energy of Reiki. This download contains all 5 CDs: CD 1: Essential Healing Principles, 10 Ways to Increase Reiki Energy & How to Give a Reiki Treatment. CD 2: The Essential Reiki Self Treatment, The Ultimate Reiki Self Treatment & Messages from the Chakras. CD 3: Share the Gift of Reiki: a 60-Minute Guided Reiki Treatment. CD 4: The Ultimate 60-Minute Reiki Treatment with Affirmations. CD 5: Reiki Energy: Deeply Relaxing Music for Reiki Treatments. Total running time: 5 hrs. 20 min. Note: Journey Through Reiki should not be played while driving or while operating equipment. inner-sanctum.com Music composed by Rob Wallace. Art designed by Matt Strieby.

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[Journey Through Reiki CD 1 Of 5: Essential Principles, Ways To Increase Energy & How To Do Reiki](#)