## Mp3 The Poor - Help The Poor

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60s/70s rock, one of the great unheard gems of the era. 15 MP3 Songs ROCK: 70's Rock, ROCK: 60's Rock Details: Help the Poor Well this is when I came in... It was the summer of 67 and I was in Chicago at my girlfriends house, who was a flight attendant for United Air. Her roommate had a boyfriend musician who was on his way to NYC to perform at some club where Jimi Hendrix was playing. The Band was the POOR and they had a recent single release that was getting some play in LA and they were starting to happen "My Mind Goes High" Any way this guy Patrick Shanahan was the drummer for a group out of Denver and we sat and strummed and talk. He was a cool guy and started to play me several songs that wowed me... a tune by a songwriter in LA. Lee Mallory, "Some sunny Day", The Stoning of the quite man, by Crowley and Crough, along with a tune or two by Brewer and Shipley, I went wow... songwriting... as I had been playing in a Chicago cover band with a recently released regional single. I was so turned on about the creativity as opposed to just covers. Patrick then invited me to come visit them in LA. I packed up and within a few weeks I was in Hollywood more or less living with the POOR and meeting people that would soon be the band "THE MILLENNIUM". I met Lee Mallory, Curt Boettcher, first Curt had put me together with Michael Fennely later of Crabby Appleton, and Michael Fennely solo album. I got a lot of session work from Gary Usher and played and played and played. Back to the story of the POOR well I was there for all of it, The down days the raise the evolution, it was so amazing the talent in the Poor was Big... Sonic Past Music has brought you the Poor from the bits and pieces that were recorded here and there which we compiled and sorted through to create some what of an album which I am sure would have been better had they ever really gotten a major deal. From Randy Meisner to Randy Naylor of "Twin Engine" (a sonicpastmusicrelease), we have licensed these songs throughout the world, we bring you the best releases yet of any of these releases. We will soon be creating A Forum so that our guests may have a chance to chat with the artists we have and discover for themselves the excitement of the days when we were all POOR in money and rich in spirt and creativity. Joey Stec January 2006 Los Angeles, CA.

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