

Mp3 Elizabeth Byrd: Cellist - Breath And The Chakras - The Healing Cello Cd Series Vibration And Tonal Therapy: Body Balancing

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Healing for a New Age. Activate the senses with the Therapeutic Cello used during Massage, Reiki, Meditation, Visualization Therapy, and Yoga. 7 MP3 Songs NEW AGE: Meditation, NEW AGE: Healing Details: The Healing Cello CDs are meant to assist, promote, and enhance the activation of restricted areas in the body. Release your energy flow, connect with the vibrations and your body will do the work naturally. Intention is a huge part of the success rate in the healing process. The fluctuations in the notes and harmonics synchronize with the natural vibrations of the body, thus keeping true to our natural senses. Chakras are human energy centers that run in alignment to our spinal columns. These centers act as gateways to our spiritual and physical body. According to ancient studies, each of the seven chakras has its own tonal center. By playing specific tones or combinations of tones which resonate with each chakra, we can help restore physical, emotional, mental or spiritual balance. This recording follows the Western musical scale as the centering tone for each chakra. Recorded in the healing environment of Turtle Studios in Old Town Philadelphia in October, 2000. A joint effort of care, love and knowledge went into this beautiful and spiritual creation. My humblest thanks to my friend, Ron who introduced me to Elliot, who introduced me to Stephen. A united energetic force turning visions and ideas into recorded sound realities. - Liz Elizabeth Byrd- cello Elliot Diamond- gong, native American drums, Tibetan bowl, Chinese egg chimes Ron Kravitz - drums, sruti box, voice, waterphone, crystal bowl, whistling whirler Elliot, Ron and Stephen - chakra breathers The healing work of Elizabeth Byrd's The Healing Cello was introduced by Dr. John E. Upledger to the International Society for the Study of Subtle Energies Medicine at the Future of Energy Medicine ISSSEEM conference in Boulder, Colorado in June, 1998. Ms. Byrd was invited to present her work of The Healing Cello at the ISSSEEM Conference in Boulder in 2000 and 2001. ISSSEEM 2001 program. In Dr. Upledger's book, The Inner Physican and You, he recounts his first meeting with Liz and his experiences with music and the cello as a healing agent. During the summer of 2000, Dr. Upledger invited Liz to present her work at the "Beyond the Dura" Conference in Palm Beach in

April of 2001. She became a part of the Upledger Institute HealthPlex to apply her special skills to patients in therapy sessions in UI's intensive multi-hand treatment program and individual one-on-one CranioSacral Therapy sessions. In 2001 and 2002, Ms Byrd worked in the new and beautiful Health and Healing Continuum in New York City with the wonderful therapist Karen Erickson. An accomplished musician/cellist/composer, Elizabeth Byrd studied at the North Carolina School of the Arts and The Juilliard School. She has been a faculty member at Florida International University, the Georgia Academy of Music, the 92nd Street YMCA in New York City, and on the faculty of the Pre-College Department of the University of New York at Stony Brook (SUNY). For five years, she was a member of the National Symphony of the Dominican Republic and a Professor of Cello at the National Conservatory of the Dominican Republic. As an orchestral musician, she has performed with several orchestras including the Metropolitan Opera, the London Festival Orchestra, Atlanta, Greensboro, Winston-Salem, Tallahassee and several New York Broadway Productions. For ten years, Ms. Byrd was the principal cellist and featured soloist with the Palm Beach Pops Orchestra. During this time she also performed with the Naples Philharmonic Orchestra, Miami City Ballet, the Boca Pops and toured regularly with the Mantovani Orchestra. When not touring, Ms. Byrd divides her time between Memphis, TN, and Fairplay, CO. Currently Elizabeth an active chamber music recitalist, recording artist for The Healing Cello CD series, and co-producer for the AmericanSingerand the BroadwayBaritones Elizabeth is active improv cellist and involved in the organization Music For Peopleand performs with the world fusion band, Beyond The Wood.com

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