

Brainwave Therapy - Winning

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Whether you want to gain the winner's edge in sports or business, attitude is everything. Self-confidence is the single most important resource you can draw upon to beat the competition, and exceed beyond your expectations. When you feel self-assured, you are poised for victory. People gravitate toward you and support you in reaching your goals, because a winning attitude radiates charisma. Use this program to pump up self-confidence and unleash a powerful energy that will help you achieve any goal you set for yourself. Subliminal messages are woven with theta waves to induce states of deep relaxation; here your subconscious mind is most receptive to change. Theta has been identified as the ideal state for learning, and unlearning. As you listen daily, you'll notice a dramatic increase in self-confidence. Debilitating doubts will be replaced with positive thoughts and feelings. You'll feel ready to tackle any challenge. The messages will be received by your subconscious where they have enormous power to help you achieve, succeed, and triumph. This recording contains the following subliminal messages: * I play to win * I am a success * I have unlimited stamina * I am strong * I feel great * I am centered and focused * I am enthusiastic and full of energy * I revel in new challenges * I've got what it takes to win * I adjust effortlessly * I do the right thing at the right time * I am confident * I believe in myself * I achieve with ease * I am highly skilled * I trust my intuition * I possess unlimited potential * I am resourceful * I've got the winning edge * I know I will win, victory is mine! This Brain Wave Subliminal has two tracks; both contain the exact same subliminal messages. You can listen two ways. Listen to both tracks anywhere or anytime over your stereo system. While you won't consciously hear the subliminal messages, they will be received and absorbed by your subconscious. For deeper subconscious programming, and to receive the full benefits of Brain Wave Therapy, listen to track 2 (the one without the piano overlay) with headphones at a time and place when you will not be disturbed. Allow yourself to simply drift and relax. You might even fall asleep and take a refreshing nap. Whether you fall asleep while listening or not, theta brain wave frequencies will induce heightened receptivity to the messages. Theta brain waves have been identified as essential to learning and storing information in long-term memory. Theta is the ideal state for subconscious reprogramming.

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