

Mp3 Crystal Voices - Deborah Van Dyke & Valerie Farnsworth - Crystal Voices: The Harmonic Vibrations Of Crystal Singing Bowls

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Experience an "inner-body sound massage" with the healing tones of crystal singing bowls. This sanctuary of sound fosters deep relaxation and meditation..... 6 MP3 Songs NEW AGE: Healing, NEW AGE: Meditation Details: "A beautiful, Soul-Full CD"...Dr. Wayne Dyer This is the CD from crystal bowl pioneers CRYSTAL VOICES that started it all! Experience the vibrational healing tones of crystal singing bowls with this classic sound healing CD. Includes the ever-popular GUIDED CHAKRA MEDITATION, a deeply therapeutic, chakra balancing tune-up, and SANCTUARY, a relaxing, soft symphony of windchimes, crystal bowls and mountain brook. This harmony of singing bowls transmits the peace of a sacred temple as it creates a healing sanctuary for deep relaxation and mediation. The sound waves produced by these pure quartz crystal bowls provide an inner body "sound massage"....releasing tension and stress held in the body, calming the mind and centering one's focus. These sacred sounds can have a profound effect on the body, mind and spirit. Their "alpha wave" tones are a powerful vehicle for shifting our awareness, accessing our creative imagination and restoring inner harmony. REVIEWS: "A beautiful, Soul-full CD! - Dr. Wayne Dyer "Truly the healing of angels is present in this sound sanctuary" - The Eagle's Eye Magazine "Crystal Voices is THE definitive crystal singing bowl CD, our best-selling!" - Crystal Distributing Company, the world's largest distributor of crystal bowls "Here a massage therapist and a meditation teacher/sound healer, combine vocal mantras with crystal bowl tones to provide an inner body sound massage. While most of this recording is instrumental, an explanation of how crystal singing bowls work is given on Track 2, and a guided journey through the energy centres of the body utilizing bowl tones is presented in Chakra Meditation. An especially effective and lovely section is Sanctuary which includes a spacious arrangement of mountain brook, windchimes, and singing bowls. The unique resonance of the bowls bypasses the intellect and permeates down to the cellular level. So direct is the sound that it permits no distractions, causing one to concentrate on the wavering frequencies and enabling the acousto-luminescence of the sound to retune subtle energies within the body. This Canadian

pair has been praised by Dr. Wayne Dyer and has performed opening concert for Deepak Chopra. " - P.J.'s PICKS - P.J. Birosik, Monthly Aspectorium "I love the soft, gentle healing energy that emanates from Crystal Voices. The guided chakra balancing meditation is one I use over and over, the voice is very clear and soothing as it directs your attention on your journey through the chakras, starting at the root and working up to the crown. This meditation about 16 minutes long which is just a great "tune-up" to start or end my day. There are also some tracks with angelic vocals toning to the crystal sounds and a track called Sanctuary which is about 20 minutes of just the sounds of the crystal bowls, windchimes and a gentle mountain brook. Sanctuary always takes me to a beautiful healing sphere - I like to put this track on repeat and have it play over and over. If you've never worked with crystal bowls before, this CD is a beautiful introduction." - Amazonreview ***NOTE: Be sure to check out the newest crystal bowl recording, "CHORDS OF THE COSMOS: Harmonies of the Zodiac with Crystal Bowls for Chakra Balancing, Meditation the Healing Arts" by Deborah Van Dyke - available here at CDBABY!!!

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