

# Mp3 B & B Yoga And Music/bill Webb - Meditation Music

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Meditation Music. Music to play when meditating, undergoing massage therapy, Reiki, Tai Chi, healing, Yoga or any other practice that requires an inspirational meditative mood especially with specific timings in mind. 5 MP3 Songs NEW AGE: Meditation, NEW AGE: Ambient Details: Composer Bill Webb introduces his first album of 2006. The great success of the seven CD series "Music for Massage and Yoga", and "Meditation Volumes One and Two" (music with spoken word), has inspired Mr. Webb to create music that will easily flow with your meditative practice. There is no spoken word in these five meditations. It is up to you to meditate any way you choose. Meditation is well known to help reduce stress, focus and achieve goals, peace of mind, healthy relationships and spiritual contact with the higher power of your understanding. These compositions will not distract, yet will provide a vibrational and flowing background to your meditations. In the spirit of the "Music for Massage and Yoga" series, consider using this 60 minutes of music for massage therapy, Yoga, Reiki, healing sessions, Tai Chi or any other similar practice. This music will also create a creative peaceful atmosphere played as background for gatherings and events. Mr. Webb has been composing since childhood, studied music theory and composition at University of Wisconsin-Milwaukee School of Fine Arts, and has performed professionally as a pianist, keyboardist, guitarist, percussionist and flutist his entire adult life. His credits include Music Director for several shows, band leader, arranger, composer, singer/songwriter, studio musician and sideman. He continues to compose and create these CDs while helping other composers, singers and songwriters create their CDs with him as producer, arranger and co-writer at B B Recording Studios in Bedford, Texas (Dallas/Fort Worth. For more information: [www.billwebb.biz](http://www.billwebb.biz)

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