

Mp3 James Nihan - All Creation

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Award-winning songwriter delivers messages of light, love and healing. This music will capture your heart and release your spirit. 12 MP3 Songs FOLK: Gentle, NEW AGE: Healing Details: The journey continues...and with the CD All Creation, I have once again been inspired by so many experiences that I have felt and seen. And still I am awed by these lyrical and musical creations and I humbly thank Creator for letting me hold the pen. It is with the purest of intent that I present them. They are the perceptions of heart and spirit, and if they connect with yours, I smile like the sun. But I am already in gratitude, for I know who I am today and I love this life. A few words about the songs... Dragonfly is based on an experience in Tennessee on the Piney River during Circle of Fire 2003 in which don Roberto Paez created a beautiful ceremony for healing. The dragonfly was my witness as I knelt in the river to surrender an old belief. I then wrote the song in the third person. I See the Light in Everything was written on a Sunday in early 2004. Dawn was in Mexico at the Pyramid of the Sun with thousands of others and it was during the equinox. I was sitting at home in Tennessee and thinking about her experience and how all creations are connected by the Light. All Creation - I began writing this one as I drove to Massachusetts in August 2003. I was looking at how we are creators created by the Creator creating. D'you know what I mean, how there can be something divine in all we do. Even the act of making love is an act of creation and can be so much greater than it appears, connected on a higher level. A year later it had turned into a science project and I felt I had over-written the song to the point that it had no soul. I asked Dawn to collaborate with me and contribute words from the heart to replace some of my words from the overactive mind. Thank you, thank you, my dear. Samsara - At a workshop with don Miguel Ruiz at the Omega Institute in New York in 2001, I met three women, artists of the Spirit, who are from the New Jersey/Maryland area. They, and some of their friends, gather each year, don wings and dance in ceremony as the Prayer Feather Girls. When I received a Christmas card and poem from Millie in 2003, I became enchanted and inspired to write a song in honor of these women. And they have already danced to it! "Together prayer feather angels taking flight..." Seeds of Light was written one morning outside on the farm as red-tailed hawks circled above. It just poured through and felt like a lullaby for children...and

then, I realized, it was a lullaby for the children in all of us. When I played the song through for the first time, Iris, our angel dog, began wagging her tail. And then, about 60 feet away, three fawns raised their heads from the tall grass at the edge of the field. They faced me without fear, cocking their heads and listening. I felt in this amazing and emotional moment that I had connected in a pure and beautiful way with all things. Beth Brown's Last Agreement tells the story so I will let the lyrics speak for themselves. I realized in the spring of 2004 that it had been twenty-five years since I had lived in Tucson and I was remembering an old friend. It would have been nice if a book like "The Four Agreements had been around back then... I wish you love, peace and light, - James Liner Notes If you think this CD is self-indulgent, you are right. I indulged myself to my heart's content. These songs were passionately conceived and joyfully birthed. They are the result of sleeping and waking dreams, visions, reflections and ceremonies. I would like to express my deepest gratitude to all creations as well as the many messengers of inspiration who have shone light upon my path in these most recent moments of infinity, including: my beloved Dawn Zurlinden, don Miguel Ruiz (author of the "Four Agreements"), don Jose Judy Ruiz, Ted and Peggy Raess, Roberto Paez, Allan Hardman, the Tennessee Transcendence Group the Prayer Feather Girls. Special thanks to Duane Sciacqua and all the musicians who have blessed this creation. As the smoke clears, perceptions change and my heart awakens to the sweetest dream. - In Love, James - In remembrance of my dear friend Beth Brown - The Players James Nihan: Vocals, acoustic guitars, harmonica, Native American flute, ocarina, piano, Tibetan bowl, windchimes, rainstick stump drum / Dawn Zurlinden: Vocals, keyboard, shaker tambourine / Duane Sciacqua: Electric acoustic guitars, mandolin, bass, drums, brushes on paper piano / Aodh Og O Tuama: Pennywhistle, gemshorn / Christy Martin: Sitar, hammered dulcimer / Michael Stidolph: Dobro mandolin / Brian Hinchliffe: Bass / Gantt Kees: Drums tambourine / Kevin Ball: Djembe

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