

Mp3 Didgwizard - Didgeridoo Meditation

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Energy chakra balancing, space clearing, relaxation healing, featuring vocal mantras more. 10 MP3 Songs in this album (44:41) ! Related styles: NEW AGE: Energy Healing, NEW AGE: Ambient Details: A relaxing CD that helps to balance the Body Mind. Innovative Sound Therapy for Balancing, Clearing, Peace Relaxation The Didgeridoo Meditation CD combines the healing sounds of the Didgeridoo with pure sounds that resonate with the specific wavelengths of the energy centers and chakras of the human body. A sound Therapy tool to help clear balance the body's energy and invoke deep relaxation and healing. Tracks 1-7 of the CD Balance the Chakras Energy Centers of the body. Tracks 8-10 facilitate Clearing unwanted energy from your environment as well as invoking relaxation and healing. The CD can help to facilitate a state of peaceful relaxation and aids with Centering Grounding. As a meditation tool you can integrate visualization of the chakra colors and deep breathing in of each chakra color during each track. A tingshaw bell between tracks signals the shift to the next chakra energy center. Healers can use this CD for a ONE HOUR Therapy Session: Set your CD player to repeat. Start with Track 10 first, then let Track 1 through 10 play. (for 1 hour sessions) For additional sound samples and for CD, Magazine Performance Reviews see the links section at the bottom left hand of this page.

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