

# **Mp3 Marianne Zaugg, Dch, Phd - Fear/phobia Elimination / Guided Imagery Series Vol. 2**

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This CD integrates meditative music and techniques of energy hypnosis, guided visualization and positive affirmations to achieve a relaxation response that permits the desensitizing effect of fears and phobias.

Each segment can be accessed individually, i 8 MP3 Songs SPOKEN WORD: Audiobook, NEW AGE:

Self-Help Details: Dr. Marianne Zaugg was born and raised in Switzerland with degrees in business and psychology. She holds a Doctorate in Clinical Hypnotherapy and a Ph.D. in Philosophy. Concurrently, Dr. Zauggs clinical practice in the greater Los Angeles area focuses on the integrative approach of body-mind medicine and psychology with hypnosis, energy healing and life education. Derrick Davis is an accomplished multi-talented music composer, producer and performer with main instruments in flute and saxophone

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