

# Mp3 Bhante Walpola Piyananda - Meditation In Loving Kindness

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This CD is the perfect blend of music and vocal meditation to bring into harmony both the body, mind, and spirit on this relaxing and rejuvenating journey. 7 MP3 Songs NEW AGE: Meditation, NEW AGE: Healing  
Details: Join Bhante Walpola Piyananda, Head Abbot of Sri Lankan Monks of America and Canada, on this peaceful and soothing meditative journey on loving kindness. Bhante's entrancing voice has been captivating listeners internationally and winning rave reviews. People of all faiths are enjoying this universally themed meditation - that of expanding loving kindness. This CD has not only been assisting those in a beautiful guided meditation, but many who have been experiencing sleeplessness (Insomnia) have reported their problem being resolved by listening to this CD at bedtime. Bhante's soothing voice is accompanied by the healing music of composer Phil Kanakis (of Sacred Circles) and offers 4 tracks of peaceful music after the guided meditation ends - for those who would like extra time for their experience. The soothing, spirit-filled voice of Bhante Walpola Piyananda (Author, Saffron Days in LA) woven with the mesmerizing perfection of sounds created by composer Phil Kanakis (of Sacred Circles), takes listeners on a relaxing and rejuvenating journey.

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