

Mp3 Satkirin Kaur Khalsa - Chatara Chakara

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East Indian vocals in Sanskrit with very peppy tabla and Doluk and percussion. This is a four line mantra for strength and healing that repeats over and over. A tad techno in repetitiveness but very bright uplifting and happy. 1 MP3 Songs NEW AGE: Healing, WORLD: World Fusion Details: The Mantra on this album is the closing prayer/couplet from the prayer/composition called Jaap Sahib written by Guru Gobind Singh (Tenth Master or Guru of the Sikhs). Thomas and I worked together to make a very sparkling upbeat chant as so many of the chants produced are very sleepy. I have been chanting these four lines for decades every time I would feel myself sinking into a mental abyss of self doubt. fear that the world is closing in upon me. I love this version as it is VERY peppy and always brings me "up up and away" into my bright side. The mantra is a "Shakti" mantra, which means it gives you mastery over your mind. If you have seen the movie "Peaceful Warrior" you will know how Dan functioned with excellence after he cleared his mind. This music has the ability when applied as a meditation to clear you mind which is a prerequisite for physical healing. Yogi Bhajan's voice is so penetrating that his sound can activate your own healing power. The real man who used this mantra in battle was the legendary warrior, Baba Deep Singh. He lived in the 1700's in Punjab, India. He led a ragtag group of Sikhs to fight the Moghuls to regain possession of the sacred Golden Temple of the Sikhs in Amritsar, India. During the battle his head was cut off and he was mortally wounded, but he kept fighting anyway until he reached the Golden Temple. The Moghul army ran away because they would not face such a power as a man fighting without a head. This was recorded by a Muslim Historian.

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