

Mp3 Jef Gazley, M.s., Lmft - Is That The Reason Why I Cannot Deal With Stress After A Traumatic Experience?

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This audiobook describes the origin, symptoms, dynamics, and treatment of Post-Traumatic Stress Disorder. 1 MP3 Songs SPOKEN WORD: Audiobook, SPOKEN WORD: Instructional Details: JEF GAZLEY, M.S., LMFT, DCC has practiced psychotherapy for over thirty years and is the owner operator of asktheinternettherapistsince 1998. He is the author of eight mental health educational videos and DVDs and is currently writing a book on distance counseling. Jef is State Licensed in General Counseling, Marriage/Family, and Substance Abuse in Arizona and is a certified hypnotherapist. He is dedicated to guiding individuals to achieving a life long commitment to mental health and relationship mastery. In his private practice in Scottsdale, Arizona, Jef specializes in ADD, love addiction, hypnotherapy, dysfunctional families, codependency, and trauma. He is a trained counselor in EMDR, NET, TFT, hypnotist, and Applied Kinesiology. Jef received his B.A. in Psychology, History, and Teaching from the University of Washington and his Masters in Counseling from the University of Oregon.

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