

Mp3 Penny Nichols - The 8 Voyages Of Nep

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A healing musical journey of twelve original songs in the contemporary folk genre for those undergoing cancer treatments and their loved ones. 12 MP3 Songs in this album (50:39) ! Related styles: FOLK: like Joni, SPIRITUAL: Mantras People who are interested in Joni Mitchell Shawn Colvin should consider this download. Details: Penny has shared stages with many legendary artists including Jackson Browne, the Nitty Gritty Dirt Band, Linda Ronstadt and the Stone Ponies, Jennifer Warnes, Mary McCaslin and others. She performed in many clubs including: the Fillmore, the Avalon, the Matrix and opened for bands such as Big Brother and the Holding Co. (Janis Joplin), Steve Miller, Quicksilver Messenger Service, 13th Floor Elevator, Chocolate Watchband, Traffic, Blue Cheer, Mother Earth, Jefferson Airplane and others. During the Summer of Love, Penny played at the Big Sur Folk Festival and recorded her first album, Pennys Arcade, for Buddha Records. (It eventually sold over 50,000 copies). She toured Europe in the winter of 1968, recording with George Harrison at Apple Studios while in London. In 1977, Penny joined Jimmy Buffett the Coral Reefers and earned a Platinum Record for her singing on Son of a Son of a Sailor. During the same time, she recorded and toured with many performers including: Art Garfunkle (Fate for Breakfast) Suzi Quatro, Yvonne Elliman, Jennifer Warnes, Albert Brooks, the Credibility Gap, and toured with Arlo Guthrie and earned a Grammy nomination for her work on his album The Power of Love. In 1990, Penny co-produced her second album, All Life is One. In 1993, she released another record, an album of songs based on the 1000-year-old Buddhist stories called Songs of the Jataka Tales. In 1997, Penny and Molly Mason collaborated on the song The Unbroken Thread which is included on the CD, the Catskill Collection. She currently lives and teaches in Saugerties, NY. Her most recent ventures include: Working on her new CD/Book: the 8 Voyages of Nep, a healing musical chronicle consisting of 12 original songs on a CD and a book detailing her journey through chemotherapy, surgery, radiation and beyond. Included in the book are: original watercolors, essays written during her year of treatment, visualizations and affirmations on healing, advice for persons undergoing treatment for cancer, a journaling section for the reader to use, and a commentary which takes the reader through the actual treatments to show what happened in treatment and how Penny made use of the experiences in a healing framework using music,

art and story. Penny is now touring the country doing workshops and concerts about singing, songwriting, music and healing and producing the conference for songwriters: SummerSongs: a Songwriters Summer Camp

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