## #1 - Manifestation Meditation Get Grounded Get Real

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MANIFESTATION MEDITATION - GET REAL - GET GROUNDED Imagine a deep colon cleanse of the soul.... Gunk and thick heavy goo and crapola thats settled deep in the crevices of your being, lodged in areas you weren't even aware of, being loosened and flushed away. Further, imagine a grounding balance coming in, a deep calming retrospection that not only provides you with information but also the deep coherent conviction to really 'get it' and to do something about it NOW. Imagine also, in those areas where you may feel shaken, nervous, scattered and unfocused, finally getting a handle on a deep inner sobriety. You are now a stern wise, powerful, strong captain at the helm of the ship of your life and you are now steering purposefully and successfully through stormy waters you may encounter. Experience being infused literally with energy that transforms you. Notice improvements, enhancements and 'charging' in the following areas; - Conscious aims of life are more likely to be sensible and realistic - Your conscience scans your activities, ensuring that they are focused in constructive direction. - Your ambition increases and you are becoming more responsible - You are much more driven see tangible results for your efforts - You are energized to persist at tasks as you envision real rewards - You are balanced, honest, hard-working, responsible and your discipline is increasing. - Unfinished work begins to feel much more uncomfortable and yet you still know how and when to take a break and have fun - You finish every project comepletely and thoroughly - Your maturity is increasing along with your ability to accomplish tasks - You focus and work effectively with determination and you actually get ahead in all areas of life. -You are able to take on big projects and you can negotiate with people and go for and get the big prize -You develop real discipline and organization - Your mood easily becomes very practical and you find recommended to be paired with "Electric Blue Fire Star". Reports from users for Electric Blue Fire Star (see link for EBFS are similiar for this track)

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