

Mp3 Bachan Kaur - Soul Songs

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Straight from the heart and infused with soul, this is a compilation of simple, unique songs both in English and Gurmukhi (sacred Sikh language) to relax the mind and uplift and nourish the spirit. 6 MP3 Songs
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About the Album "Bachan Kaur's new CD "Soul Songs" can only be described as sent from heaven. Her voice sends you to a destination of peace, unconditional love joy. The songs created a space for me to experience unity with infinite self and sent me into a state of deep gratitude. Her Cd helps me to remember my relationship to grace, divinity devotion. It is truly a blessing and a gift that every spirit should hear." Sharon Tron/ Charanpal Kaur, Gibsons, British Columbia This album is a soul-filled blend of Gurmukhi Shabads (Devotional Sikh songs) English songs, and instrumentals. The melody and vibration of each song came to life while on her bicycle, walking in the forest or in meditation. She received so much joy and love from singing these sacred songs that she wanted to share them with the world. The songs were recorded with deep prayer and bliss in her bedroom. Each song is unique and provides the space for relaxation into the soul. The simplicity and rawness of the sound makes them all the more real, and increases their capacity to penetrate the heart. Musically her voice is supported by the Guitar as well as some tabla by a friend Harnarayan Singh and other electronic and organic sounds composed by the artist. The album is entirely self- produced and the cds are packaged in 100 post-consumer recycled cardboard with no jewel case (but still colorful and beautiful!) Soul Songs is the start of what Bachan plans to be a lifetime of sacred sound offerings. It is a great compilation to use for yoga classes, meditation or for listening anytime or place to merge with the sweetness of the soul. About the Artist Bachan Kaur's musical history began when she was a young girl and would sing songs and stories for hours on the toilet or spinning in the backyard. She stopped singing over time like most of us as we move into the stages beyond our uninhibited youth. With time though, by the grace of God, something re-opened when she was in her teenage years. The creative spirit of song began to move again and at the age of 16 she started to learn the guitar and write and record songs. Around 18 she discovered the sacred technology of Kundalini Yoga and a few years later the path of Sikh Dharma. This path was like

the vessel that her soul had been longing for, to deliver the sound current that flows within. As a self-taught musician, the gift in Bachan's music is her simplicity, purity and devotion. Bachan Kaur has expressed deep gratitude for the chance to find the technology of sacred sound, "In my experience, sound which is the vibration of all creation, is the most powerful tool to bring together not only all aspects of ourselves, the heavens and the earth, but to bring together humanity beyond the illusion of being separate". Bachan Kaur currently lives in Roberts Creek, Canada, with her husband Rama Singh. They both teach Kundalini Yoga and lead chanting with all faiths. She is a visionary artist (huemanbeing.com) having just completed her degree of Fine Arts at the university of British Columbia. She loves to be creative in all areas of life and loves to serve through musical recordings, live chanting and devotional song. It is one of her dreams to be part of the development of an Amazing Aquarian Gospel Choir one day, bringing people together in the Spirit of Oneness and healing. She looks forward to having a family and is pursuing her interest in Waldorf education.

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