

# **Mp3 Deborah Van Dyke / Crystal Voices - Chords Of The Cosmos: Harmonies Of The Zodiac With Crystal Bowls For Chakra Balancing, Meditation & The Healing Arts**

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These serene crystal bowl harmonies echo the "Music of the Spheres", fine-tuning the entire body to the musical order of the Universe. Extremely effective for aligning the chakras and auric field. 12 MP3 Songs

NEW AGE: Healing, NEW AGE: Meditation Details: This newest release from crystal bowl pioneer and author Deborah Van Dyke, is a deeply therapeutic "fountain of crystal sound". Relax as serene waves of crystal bowl tones echo the musical harmonies of the constellations which Pythagoras called the "Music of the Spheres". CHORDS OF THE COSMOS tunes us to the musical order of the universe with a deeply healing sound meditation that facilitates physical, emotional, mental and spiritual attunement and chakra balancing. It is the ideal healing companion for meditation, massage, and yoga. Pythagoras understood the universe as a vast musical instrument. He associated specific musical notes with the orbiting planets. Hearing these celestial harmonies helps bring us back into balance and resonance with the greater order of Nature. The effects of crystal alpha tones is deep and far reaching. Our whole body is sounding board that can be "tuned" by these frequencies. When alpha sound waves of the crystal bowls interact with our body, sympathetic vibrations occur that entrain our brainwaves into an alpha state of deep relaxation and expanded consciousness. These vibrations resonate on the deepest levels of our cells, tissue, bones; reducing stress, slowing respiration, lowering heart rate - fine tuning the entire body into a state of balance while facilitating an expansion of one's awareness and creative potential. As author and teacher of the Ageless Wisdom, Torkom Saraydarian explains, "Each part of the body and each organ has a specific note. The various notes in Nature feed them. Each body or vehicle is built by chords; if we find these chords or keynotes, we are better able to heal our body or organs by sounding these notes and transmitting the sound through the aura." CHORDS OF THE COSMOS is the latest crystal bowl CD from Deborah Van Dyke, author of the widely-acclaimed sound healing book and CD, "Travelling the Sacred Sound Current", as well as creator of best-selling "Crystal Voices" CDs. Deborah Van Dyke is an author, sound healer and recording artist who is dedicated to exploring the Sacred Science of Sound as a vehicle

for healing and conscious connection to the Divine. RECENT REVIEWS: "Deborah Van Dyke is a beautiful woman with a beautiful soul. Chords of the Cosmos is a set of 12 deep overtone compositions tuned to the signs of the zodiac and Pythagorean progression. Each piece is designed for Chakra meditation to balance a specific body part. Meditation with this CD aligns listeners with the resonance of the cosmos. This disc is pure overtone bliss. Deborah's techniques on the bowls are flawless. There is no need for looping, layering and/or processing. The bowls' natural overtone properties simulate those effects and stimulate introspection, relaxation and healing. Deep listening is a wonderful experience. It allows listeners to go to their "happy places" for ultimate relaxation. This is a special CD from a special lady. It is the overtone CD among overtone CDs." - Jim Brenholts, Author of Tracks Across the Universe: A Chronology of Ambient and Electronic Music "Chords of the Cosmos is truly a breakthrough tool for helping sick people to heal and healthy persons to maintain their balance. I intend to use it with patients and trainees as a tool to encourage the healing process and to help in the integration of mind and body." - Dr. Stephen Sagar, MD, Oncologist, Professor of Medicine, Founding Director of Complementary Medicine, Ontario Medical Association, Author of Restored Harmony "Chords of the Cosmos is a wonderful resource for anyone seeking sustained meditative work. I also study astrology and enjoy selecting sequences of the different tracts to 'tune in' to the various notes for each sign, what a great way to open one's consciousness to the subtle music of creation! And because a whole tract is dedicated to each zodiacal sign, one can create meditative 'sessions', such as for the four elements, the three qualities, or any array thereof. The chord arrangements for each sign are beautiful, each track is a meditation in itself! I've read how Pythagoras studied number and notes with his monochord, how Einstein would play his violin for inspiration while solving his equations. Chords of the Cosmos makes it possible to engage in similar meditative journeys, the possibilities are endless. With this gift one can literally craft their own meditative vehicle through the beautiful vibrancy of the crystal bowls, played in layers of harmony to resonate with the seasons of time. " - Sherri Burch, Astrologer, Portland, OR "Chords of the Cosmos is brilliant, healing, and groundbreaking" - Lee Ann Dzelkalns, Author of View from the Mountaintop, Interfaith Minister, Milwaukee WI "Chords of the Cosmos is a CD that sends me into the Ether Element immediately. This is perfect for my work with Cancer patients, and I will recommend it to them for their home listening as well." - Isa Dollyhigh, Sound Healing Arts, Madison, NC "I love this CD - it puts me right in "the Zone". It's the perfect healing background for my yoga classes and I find it helps

everyone sink deeper into their poses!" - Celia Lyons, Yoga Instructor, Vancouver, BC

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