## Mp3 Franca Baroni - Reconnecting To The Dance Of Life

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New age guided meditation; an intuitive trained in a variety of disciplines designed to assist you to tap more deeply into your innate ability to create a balanced emotional, mental, physical and spiritual life. 3 MP3 Songs NEW AGE: Meditation, NEW AGE: Relaxation Details: Franca Baroni is an intuitive trained in a variety of disciplines designed to assist you to tap more deeply into your innate ability to create a balanced emotional, mental, physical and spiritual life. She is a Registered Hypnotherapist, Pleiadian Lightwork Practictioner, Reiki Master, Family Mediator and practicing attorney-at-law with a master in comparative and doctorate in public international law. Franca offers meditation classes, private healing sessions, channeled messages and much more. What Franca says about the guided meditations in Reconnecting to the Dance of Life: "It is a form of active meditation which has been used for decades as an effective way to reduce stress and promote overall well-being. Relaxation guided imagery utilizes creative visualization and works by keeping your mind engaged opening you to release physical tension, soothe your emotions and relax your mind. It ultimately allows you to access the realm beyond the mind and dwell in the stillness of your Presence."

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