

Mp3 Theresa Griffith - Utopia

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Incredibly soothing. One of Theresa's most medicinal projects, and one of the most peaceful. Recorded at 60 beats per minute which has been proven to reduce the heart rate and blood pressure. Also being used for: Massage, Insomnia, Stress Relief, Pain Man 12 MP3 Songs NEW AGE: Healing Details: C Flute and Kiowa Love Flute with piano, harp, guitar and string accompaniments, Soothing and healing. Lowers heart Rate and blood pressure. Being used for: Massage Sleep Aid Stress Relief Pain Management Birthing Day Care (nap time) Autism ADD Death Dying Prayer Meditation Study Period in Public Schools as Brain Compatible Music (The Mozart Effect) Theresa Griffith is an International Celtic Flutist and Vocalist who just finished her 10th CD. Her specialty is healing music which has gained her recognition in the medical community with such uses as pain and stress management, massage therapy, autism, ADD, birthing, Hospice and a host of other healing modalities. In recent years she has played for the Irish Government, National Governors Convention, National Massage Therapy Association, Holistic Nurses Association, and The International Hospice Celebration.

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