

Mp3 Eben Brooks - Mirrors

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A singer/songwriter with a damn fine voice, a social conscience and a chip on his shoulder. 13 MP3 Songs FOLK: Modern Folk, BLUES: Rockin' Blues Details: Is life nothing more than a series of problems? Of obstacles to overcome? Of always striving for the next best thing? According to Eben Brooks, the Acoustic Philosopher, it most certainly is not. Music, he says, is about feeling good, but its also about doing good and being good. His songs may be about love, war, power, pride, or religion. But the one thing they have in common is that theyre all geared toward helping us become better people. And thats what his albums, Just Me and My Guitar and Mirrors, are all about. For instance, Princes, Friends, and Lovers is, on the surface, about a man trying to win the love of a woman. But its also about how the choices we make in love can hurt us or heal us, and how a little self-examinationperhaps with the help of a friendcan help us understand the difference. I wrote this song for a woman I was in love with, he says, who was always falling in love with losers. Im sure everyone knows someone like that. The songs message is clear: when you fall in love with someone, it certainly helps if you actually like them first. Another song, entitled Lightbringers Fall, deals with the frustration of having lofty dreams in our youth, only to end up working at a dead-end job when we get older. I was working at the worst job Id ever had, and it was making me completely miserable. But instead of just wallowing in his misery, Eben chose to write about it. While Lightbringers Fall may not sound very positive in its outlook, its message is ultimately empowering: to change a bad situation, one must first recognize that one can change it. Once that happens, things can only get better. Both of these songs tie in directly to the theme of Eben Brooks music, which is that it is always possible to take control of our own lives, our own relationships, our own destiniesand the first step in taking control is recognizing that there is a problem. Too often, Eben says, people blame their problems on anything but themselves. Its their bosses fault, or their spouses fault, or the governments, or the medias. They never take the time to figure out how they themselves are responsible for their situations. And even though not all the protagonists in Eben Brookss songs realize that, we the listeners do, and we can recognize how each song is a step along that journey from self-delusion to self-fulfillment. Just Me and My Guitar and Mirrors arent just music. Theyre acoustic

philosophy. And acoustic philosophy is about both making good music and doing good things and thereby becoming better human beings.

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