

Mp3 John Doan - Success And Achievement

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A Powerful Motivation and Change Program Personal change in the privacy of your own home with this Hypnosis Instrument CD. 3 MP3 Songs SPOKEN WORD: Instructional, SPOKEN WORD: With Music Details: Understanding how "Success Through Change" Hypnotherapy Cds work and how they might help you ----- People are often caused distress or pain due to counterproductive habits which at one time served a useful purpose. Hypnotherapy provides an opportunity for each individual to lessen or eliminate discomfort in life and experience life in a new way. "Conscious" mind functions are those of which we are "aware" at any given time. The "unconscious" is that which is "out of awareness." The conscious mind is the seat of "free will." People have a powerful free will, but the patterns which have been formed in the unconscious are more powerful. The unconscious is often directed to obtain that which the imagination is focused upon. It overrides the conscious decision of the free will. Everything works just fine unless there is a program in the unconscious which causes an unwanted outcome. Regardless of the outcome, the unconscious program keeps running. People react with thoughts, feelings and behaviors based upon unconscious patterns. Insight and understanding into the past won't change the present! Clinical hypnosis interrupts old patterns and assists in establishing new actions and reactions which are rewarding. It expands an individual's possibilities and choices. Hypnotherapy uncovers and encourages possibilities of thought, feeling and behavior which previously were unavailable. It is a safe and empowering process. The individual is in control at all times. The entire process is explained thoroughly on the CD. These hypnotherapy instruments are hypnotic and are NEVER to be used in situations where it might be unwise or dangerous to have less than full conscious awareness (such as driving or working). They are to be used in situations where the individual is safe to relax and focus inwardly. Some typical comments of previous clients: - "It is as if I never smoked. I wish I would have known about this before." - "My sales have really improved. I have so much more confidence in myself and my energy - wow!" - "I felt very down before I listened to my first session. After that I felt great, and did for days. With each session, I feel better and my self-esteem grows." Success using the cds: Success is dependent upon your willingness and commitment to use the CDs. Hypnotherapy interrupts previously developed patterns which have

contributed to unwanted behaviors and problems such as continued smoking, extra weight, anxiety, stress and various other issues. Hypnotherapy also assists in the establishment of new patterns which are healthier and more productive. Instead of consciously concentrating on the unwanted behaviors, the individual unconsciously focuses on new behaviors and thoughts which bring about health, vitality and increased life satisfaction. John W. Doan: MS, CADAC III, NCAC II, MAC, KCGC, AAPS, SAP, NBCCH has many years of experience in hypnotherapy is the developer and hypnotherapist of these hypnotherapy instruments. John has a BA degree in Psychology and a MS degree in Counseling and Human Resource Development. He is board certified as a "fellow" in Clinical Hypnotherapy, the highest level of achievement. He is certified in Kansas as an Addictions Counselor and Gambling Counselor, as well as nationally as a Master Addiction Counselor. All of our Hypnotherapy CDs are professionally recorded and mastered in a state-of-the-art sound studio by expert sound technicians. They are professionally manufactured and packed for quality and effectiveness.

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