

Mp3 Marianne Zaugg, Dch, Phd - Stress Management - Guided Imagery Series Vol.1

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This CD is comprised of four relaxation modalities with mediative and alternative music. It is a comprehensive tool to achieve a relaxation response and to breathe your stress away. 5 MP3 Songs
NEW AGE: Healing, SPOKEN WORD: With Music Details: Dr. Marianne Zaugg devotes her studies to the psychology of human behavior and business development. Dr. Zaugg was born and raised in Switzerland with degrees in business and psychology, holds a Doctorate in Clinical Hypnotherapy and a Ph.D. in Philosophy of Esoteric Studies. Dr. Zaugg's career path directed her into the fields of professional sports, health, multi-media publishing and cultural affairs with numerous publications, as she continues her function in capacity building of business. Concurrently, Dr. Zaugg's clinical business in Beverly Hills focuses on the approach of body/mind healing in conjunction with medical hypnotherapy and educational services. Her approach is dynamic and directed to fit the individual's need as it pertains to professional or personal criteria. Dr. Zaugg's clinical expertise focuses on behavior modification to assist her clients in i.e. managing chronic pain, depression, anxieties, panic and stress.

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