

# Mp3 Maureen J. St. Germain - Merkaba Meditation II And Unity Breath

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This is the original meditation taught by Drunvalo Melchizedek. It is meant for graduates of the Flower of Life Workshop. It will help you remember what you learned in class. 12 MP3 Songs NEW AGE: Meditation, SPOKEN WORD: With Music Details: NEW! This is a Two-Version CD. Re-released by popular demand. It is called Merkaba II, because it is a second version, and because it contains two complete versions. It contains a "regular" speed, and a "slow" speed -8 seconds in and out - for deep breathers. Plus Hathor toning and background that will take you "out there!" A must have for all Merkaba practitioners. The toning is positively out of this world! Projected by the Hathors, and recorded by Maureen, it will help you open your heart, to maximize the Merkaba Meditation. Also included is the Unity Breath. Finally you can find a good recording of this meditation, made famous by Drunvalo Melchizedek, in his Ancient Secrets of the Flower of Life, Vol. I II. Comments from a seasoned Merkaba meditator for over a year, on using the the "new" Merkaba II CD. "Thank you for sending us your new Merkaba II meditation CD. After one week I can notice a positive difference in the quality of my meditation. The Hathor toning is beautiful and creates a higher vibration that enhances the whole meditation, 'Amps it up' to a whole new level. Thanks again." Joyce, Bainbridge Island, WA The Merkaba Meditation II and Unity Breath CD is a remembering too not a teaching tool. This CD will help you remember the Meditation that you have learned in a Flower of Life Workshop. Honor system. This CD is intended for graduates only of the Flower of Life Workshop from a certified facilitator. I have been using the first meditation with the shorter breath, and wanted to let you know how beautiful it is! The music is perfect and the other sound effects are great. It has made the practice so easy for me and I wanted to let you know how grateful I am for it. Kathleen, Chicago, IL

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