

# Mp3 Harsh Reality - Witness To It All

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Aggressive Metal done by the Dark Aggressive Goth Harsh Reality Featuring former All The Pretty Horses Member Tempest 9 MP3 Songs METAL: Gothic Metal, METAL: Thrash/Speed Metal Details: Fear Is Not The Answer. That is the primary message that encompasses the Minneapolis based aggressive metal band Harsh Reality. Formed in the belief of being true to ones self and living your life in your own way despite any rocks that may lie on the road ahead. Founded in 1989 the band has undergone several changes from its inception not the least of which is the Gender Transition of band leader/founder Tempest (formerly Glen Crane) who reformed the band in early 2006 after a 4 year hiatus while she awoke to her true self leaving her boy days behind and performing as a member of the MMA award winning All The Pretty Horses. She quickly added her ATPH and fellow Transgendered band mate Jendeen Forberg, her original singer Odi (who never missed a beat with any of the changes), and new HR family member Eric Strom filling the vacant Guitar position (formerly of Chaos Lords). For Tempest and Jendeen Harsh Reality picks up where the heaviest aspects of ATPH left off. The band features a raw aggressive sound drenched in passion and angst against a world that is often less than fair to those whom society sees as outside the box. (Tempest was at one time denied a US passport until she "proved" what physical sex she was.) The sound is decisively and aggressively Metal but with a clear focus on song writing with real emotions and intensity. The music is about giving all you have left, every show is played as if the band plans on dropping dead on the stage. Pushing even the Multiple MMA award winning Goddess of Thunder Jendeen to new heights in her drumming. Tempest and Jendeen have not let their lifes choice to transition change their love for aggressive intense music, indeed it has if anything re-affirmed it. Being a woman has nothing to do with weakness. A point that their fellow band mates would heartily agree with. The stage show is as if the war in heaven were to come to earth. Angels and Demons do musical battle on a smoke filled stage filled with beams of white pure light and a hellish glow. Beauty and brutality, an angelic vision behind a wall of drums and the darkness of a leather clad seductress in 5 inch heels, a red demon growls and sings into the microphone while a lord of heaven swings his hair to the music. The drums are a massive engine of destruction, guitar and bass provide dual

metal hammers and the voice is that of soft flesh and razor blades. The beauty of destruction, perhaps the best of both worlds, certainly a Harsh Reality. Harsh Reality has enjoyed successful radio airplay in Minneapolis, Duluth, Milwaukee, Omaha, and other cities including multiple spots on the 93X Top 3 Loud And Local list. The band has released two independent albums and recorded singles for the Official Motorhead tribute by Blast Waves Magazine Makeem Deaf Forever and Midwest Meyhem Vol. 1. Currently the band is putting together a new Live CD/DVD set with the new lineup and working on song writing for a new studio album due in 2007. Currently doing regional tours, Harsh Reality will be making other national appearances both east and west coast and is planning their first ever UK tour early next year. Fear is not the answer. Both Angels and Demons have wings and sometimes you just have to find out if you were meant to fly.

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