

Mp3 Gary Clay - S.o.l.f.a. Sound

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The music for this CD was specially created with the S.O.L.F.A. frequencies. When combined with the intent inherent within the ancient solfa syllables, a powerful force for higher consciousness and bioenergetic balance is possible. 14 MP3 Songs NEW AGE: Healing, EASY LISTENING: Background Music Details: Gary Clay, a lead guitarist in pop and rock bands for many years, became fascinated with studying the effect sound has on the physical/nonphysical aspects of our being in the late-1980s. Having gravitated to keyboards in the 1990s, he began an amazing journey into the world of "sound therapy." Gary, a master at "tuning in" to the human condition, has designed this CD to correlate with the seven chakras of the human anatomy. These chakras are a key to awakening our innate ability to re-create our Virtual DNA, thus elevating our individual consciousness, which, in turn, elevates the collective consciousness. S.O.L.F.A. Sound, or SOUND OF LIFE FREQUENCY ATTUNEMENT, is a fascinating music modality. It was created to explore the possibility of re-creating our Virtual DNA through the use of sound and intent. Virtual DNA consists of the thoughts that frame our personal agendas. Virtual DNA is replicated through our "thought patterns." We have all heard the phrase "You are what you eat." Applying that same principle it can also be said that, "You are what you think." We become the victims of mutated "Virtual DNA" when we are unable to think "free of the box." Traditions and fear play a major factor in preventing higher consciousness from evolving. Our thoughts guide our emotions and our emotions guide our reactions. When our thoughts are re-created, our emotions and re-actions change. It is now time to let go of the mundane and allow the purity of Spirit to re-vitalize, re-fresh, and re-new all aspects of our being by the simple act of transmutation. The music for this CD was specially created with the S.O.L.F.A. frequencies. The keyboard is retuned for each song to include a specific frequency, and tuning forks are created to these same frequencies. When these frequencies are combined with the intent inherent within the ancient solfa syllables, a powerful force for higher consciousness and bioenergetic balance is possible. The music creates a meditative state that is excellent for use in sound, hypnosis, massage, and just about any modality. S.O.L.F.A. Sound also stands alone as a very powerful relaxation technique. A major factor in maintaining a healthy body, both physically, mentally, emotionally, and spiritually is the

ability to relax. Stress, be it physical or nonphysical is the precursor to dis-ease. We highly recommend this music therapy as a way to de-stress and refresh the physical and nonphysical aspects of our being. It is with deep respect that honor is given to the many teachers, past and present, who have contributed so much to the study of sound/frequency and allowed us to peer into unlimited possibilities!

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