Mp3 J. Krishnamurti - Direct Perception And Transformation

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"Can I look at myself each minute without the previous recognition, previous word, previous knowledge? So that I am looking at the mountain, at you, at myself afresh, anew? That is freedom." 1 MP3 Songs SPOKEN WORD: Audiobook Details: "The teachings are not something out there in a book; what the teachings say is, 'Look at yourself, go into yourself, inquire into what is there, understand it, go beyond it'. The teachings are only a means of pointing, explaining, but you have to understand, not the teachings, but yourself." JIDDU KRISHNAMURTI was born May 12, 1895, in Madanapalle, south India. From 1929 until his death in 1986 he traveled all over the world speaking spontaneously to large audiences. He engaged in dialogues with religious leaders, scientists, professors, authors, psychologists, computer experts, and people from many different backgrounds deeply questioning their daily life. His talks and dialogues have been compiled and published in more than fifty books and translated into as many different languages. His books include Think on These Things, Education and the Significance of Life, The Awakening of Intelligence, and The First and Last Freedom. Krishnamurti claimed allegiance to no caste, nationality or religion and was bound by no tradition. He said man has to free himself of all fear, conditioning, authority and dogma through self-knowledge and this will bring about order and psychological mutation. The conflict-ridden violent world, he suggested, cannot be transformed into a life of goodness, love and compassion by any political, social or economic strategies, but only through this mutation in individuals brought about through their own observation, without the mediation of any guru or organized religion. For free online resources, including streaming video and audio, please go to "jkrishnamurti.org"

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