

32kbps-hypnointro

[DOWNLOAD HERE](#)

An Introduction to Guided Self-Hypnosis by Jocelyn Jensen-Worthington, C.Ht; certified hypnotherapist of 38 years experience. This 'mini-vacation' may be downloaded and replayed at any time a break is needed from the stress of everyday life. Running time: approx 8 Minutes

[DOWNLOAD HERE](#)

Similar manuals: