

Mp3 Wise Woman - Jan Duncan

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This CD, especially designed for women, will help you let go of old baggage and mental clutter to give confidence in your natural inner wisdom and courage to embrace your strengths, through hypnosis. Jan Duncan is a gifted hypnotherapist and her 'Woman Spirit 2 MP3 Songs in this album (43:32) ! Related styles: NEW AGE: Self-Help, SPIRITUAL: Inspirational People who are interested in Wendi Friesen Louise Hay should consider this download. Details: Jan has been practising natural therapies since 1981 when she first discovered Reiki. This started a voyage of discovery in composing all kinds of disciplines, but what always fascinated Jan the most was the human mind and energy therapies. After training with acclaimed hypnotherapist Rick Collingwood, Jan found her passion and became a gifted hypnotherapist. The Woman Spirit Hypnosis Series of CDs was born out of a desire to help women of all ages and develop their own strengths to create the life of their dreams. Hypnosis is an effective tool to connect with Far Reaches of the Subconscious Mind, where all the patterns of behaviour are stored. This allows new and beneficial suggestions to be embedded so that changes for the better can very easily happen. These CDs are designed to assist in enhancing your natural gifts in a safe and ethical way. Testimonial: How did the Universe know I needed this? My life was in a period of major change. I had just moved myself and 2 children 1500km away from a small country town to a big city, I had to find a place to live, settle my children into their new schools and started a new full time job within 4 days and survive on a very small budget. After two weeks, we loved where we moved to, the kids were happy but unsure with buses and being home alone after school but I hated my new job but knew that I had to hang in to survive financially. My ego took a really bad beating from my new employers so when I saw the CD Wealthy Woman in the shop I brought it thinking that if I had money it would solve all my problems especially the fact that I could then be home for the kids. After listening to the CD I did think it was a bit strange that it did not mention abundance and money but was excited with the thought that soon money will be flowing abundantly into my life. I started listening to the CD on Wednesday, on Friday by mutual agreement I finish work and fell in a real hole, even though it was great to be home for the kids, my confidence and self-worth was at an all-time low and I couldnt stop thinking about all the hurtful thing that had happen at work. Will I ever get

another job? Am I really that awful at my job and how will we survive financially! Approximately 6 weeks later my daughter noticed that the CD case said Wealthy Woman and the CD said Wonder Woman and then the penny dropped. It was a great moment. Looking back over that six week period it just dawned on me how much I have changed and grown. Within a week of finishing up at my job I had found new employment, over the next couple of weeks I was happy and confident, my self esteem was high and I was feeling good within myself. The hurtful ways I was treated from my former employer were no longer painful and making me feel worthless. I felt alive and ready to conquer anyone or anything that was thrown into my life. Even when my family commented on how different I looked and sounded when I spoke, it still didnt click that it was the Wonder Woman CDs influence in changing my thinking pattern. If I didnt notice the mix up with the CD I dont think I would have realised the significance of how powerful the Wonder Woman CD truly is and how the universe knew that what I needed most at this point in my life was this CD and its gifted teacher Jane Duncan. I am eagerly waiting to hear all of Janes CD and I sincerely recommend Wonder Woman to everyone who wants to free themselves from painful feeling and gain confidence and self-esteem. I went back to the shop and luckily for me they still had the Wealthy Woman CD so I brought and cant wait to start feeling the benefits that I know will start entering into my life. L. Ryan

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