

Mp3 Wizardnow - Take Five

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A collection of 15 musical meditations with ambient sounds and brainwave entrainment technology for a quick 4 or 5 minute refreshing experience. 15 MP3 Songs NEW AGE: Relaxation, NEW AGE: Energy Healing Show all album songs: Take Five Songs Details: Wizardnow is an Intentional Computer Music Composer. He uses samples, guitars, keyboards, software synthesizers, Brainwave Entrainment, and Magick to create each unique experience. Take Five is a collection of 15 different refreshing music meditations. Each session is 5 minutes or less and incorporates different ambient music and sounds with Brainwave Entrainment pattern inductions. From Alpha, to Beta, to Theta and back again, Brainwave Entrainment Technology is used to make each experience as effective as possible. Headphones recommended. Take Five minutes and recharge any time you require a breath of fresh air, inspiration, creating greater focus and concentration, or just a refreshing lift from normal mind chatter. Playlist: Alpha Meditation 5:00 Attention 5:00 Calm 4:00 Chanting Om 4:00 Creativity 4:00 Els Bells 4:00 Embrace 5:00 Emotional Rescue 5:00 Make Theta 5:00 Possibility 5:00 Prosperity 4:00 Strength 5:00 Take A Break 5:00 Twilight 5:00 Visualization 5:00

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