

Mp3 Ubaka Hill - Dance The Spiral Dance

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Danceable, upbeat, more percussion than you can shake a stick at - including djembe and conga, plus cello, sax and vocals - all women artists. 8 MP3 Songs WORLD: World Fusion, NEW AGE: New Age Details: Think danceable, think upbeat. For long-time fans and new... for dancers, drummers, and all those needing inspiration to get up and MOVE... this highly-anticipated 1998 release is a must! Ubaka has drawn together a bevy of talent: in addition to the ShapeShifters ensemble, master drummer Edwina Lee Tyler guests on several tracks; and over 20 women percussionists of the Drumsong Orchestra participate on The Singing in the Silence! Many tracks here are chants, tribal/ improvisational in feel, and there are a couple of outstanding instrumentals. From Sistory, an absolutely phenomenal djembe duet between Ubaka and Edwina, to Suhir Blackeagle's funky Intense Womyn Unite, to the joyful title track which reminds us how to use power to heal, you can't help but feel inspired to join in. And, we highly recommend that you do! Personnel includes: Ubaka Hill (vocals, didgeridoo, djembe drum, bamboo rainstick, bells); Gabrielle Schavran (vocals, cello, tambourine); Anna Maria Mejia (vocals, conga, djembe); Kissi Mckay (vocals, conga), Autumn Lela Wright (vocals); Masa (soprano saxophone, tenor saxophone); Hillary Kay (bass, background vocals); Suhir Blackeagle (background vocals). Producers: Kay Gardner, Karen Kane, Ubaka Hill. Recorded at Applehead Recording Studio, Woodstock, New York. Biography Ubaka Hill (Ooo-bah'-kah) is a nationally-known drummer, teacher, performer and visual artist. She began drumming professionally with a local jazz group in 1974 at the age of 18 while growing up in inner city New Jersey. Since then Ubaka has performed with various creative artists and has co-founded percussion performance groups. "My teachers are many," she says, though her earliest inspiration as a female percussionist came from Edwina Lee Tyler. Ubaka has recorded with various other artists and on soundtracks for educational and creative videos. Ubaka is a shape shifter, a storyteller, an innovative drummer in the creative tradition of jazz and in the spirit of social change. Her first drum was the conga; the djembe is now her primary instrument, her "other voice." She also plays other kinds of drums and percussion instruments from various cultures. The root of Ubaka's drumsong is primarily intuitive, inspired by the rhythmic drumming traditions of North and West Africa, Latin America, the Caribbean, American

Jazz and Shamanism interwoven with poetry and song. She has become an inspiration to many who wish to learn to make and play drums and to share the power of drumsongs as a tool of liberation, community building, healing and personal joy. As a teacher, Ubaka has the unique ability to make drumming easily accessible to all who want to feel their own voices through the voices of drums. She has begun to teach drumming to the deaf and hard of hearing. Ubaka has performed and taught numerous workshops on the art and spirit of drumming throughout North and South America. With great energy, talent and sensitivity, she brings drums, percussion, poetry, and song to hospitals, conferences, music festivals, universities, rallies, children's programs, community centers, and to various celebrations and ceremonies. Ubaka's personal mission and vision is to be a catalyst; to inspire and develop, to document and preserve the evolving tradition of women and drums, from the sacred to the secular, fostering a tradition in the making. She is the founder and director of the Drumming Institute - based in Brooklyn, New York - which provides workshops, performances for all ages, and related information and resources to the drumming community. She is the editor and publisher of the newsletter, Drumsong/Drumming Womyn's News: Views and Attitudes. The Drumsong Institute is currently facilitating a national survey on women drummers of all levels and ages in preparation for written documentation on the evolving tradition of women and drums in the U.S. Quotes "Ubaka Hill's energy and deep spirituality make her music exciting, thought-provoking and moving. I love working with her." - Kay Gardner (Performer, Musician, Author, Stonington, ME) "Ubaka Hill's ShapeShifters is a woman's drumvoice, quickening my blood as it makes its precious gift of memory. How is it that we have strayed so far from this root power? And how can we return? The music Ubaka makes brings us much of the way!" - Margaret Randall (Photographer, Author, Activist, Albuquerque, NM) "Thank you for introducing me to Ubaka Hill's music. It is refreshing, exhilarating and inspiring! The simplicity of drum, poetry and music is positively holy! May she reign for a long time! The work is worthy of hours of listening." - Rhodessa Jones (Performance Artist, Founder and Director of the Media Project)

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