

Mp3 Sequoia And Lumin - Returning Home

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Tibetan bowls, gongs, healing, meditation 1 MP3 Songs NEW AGE: Healing, NEW AGE: Meditation

Details: Sequoia and Lumin have woven their talents together creating this powerful recording that has been made with the intention to help open the body. This recording is a journey of tonal landscapes using the Tibetan bowls, temple gongs and is embedded with natural elemental sounds of fire, wind, water, earth, crickets, and more. This whole recording takes you on a journey and brings you home to your heart center with the angelic chanting sounds of Native Indians Tibetan and Gregorian monks. Unlike anything you have ever heard before. This is a very unique recording as it was embedded with energetic fields that specify open the body. The most powerful way to listen to this recording is by setting an intention as then the energetic fields will amplify that thought as energy follows awareness. It is recommended that you are in a non interruptive environment when listening to this recording as you will go much deeper into the experience. Having this record playing in the back ground if you are not able to fully give it your attention will also help bring grounded energy into the space you are in. Lumin White is Audio Engineer and Sound researcher who has worked with many new age recording artists such as Deva Premal, Jai Uttal, among others and was the recording engineer for the San Francisco symphony for many years. His work is also being used in the Monroe Institute. Lumin has been studying sound for over 25 years his expertise and knowledge has gifted this CD with a unique recording process as he has embedded energetic fields into the CD which help to open the body. Sequoia Henning is a healing facilitator, holistic practitioner and soon to be yoga teacher. She has been studying the use of sound, energy and Chinese meridians with the body for years always adding new modalities which helps to deepen any healing session and her understanding with the connection to life. Using sound for healing the body first hand she, as she was diagnosed a serious illness she used the power of the Tibetan bowls, toning, visualization and the power of positive affirmation to heal herself. Her love for sound has brought her into the study of Indian vocals and Mantras.

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