

Mp3 Christopher Kavi Carbone - Namaste! Songs, Yoga & Meditations For Young Yogis, Children & Families!

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Namaste. for Young Yogis.: A Double-CD Set of Music, Songs, Meditations More: great for kids, families, teachers, counselors: anyone interested in sharing the spirit of Yoga with Children through creative and singable songs, and yoga practices too. 72 MP3 Songs KIDS/FAMILY: Kid Friendly, NEW AGE: Healing Details: NAMASTE! Songs, Yoga Meditations for Young Yogis! A DOUBLE-CD SET with 15-Page Booklet CD-1: A collection of songs meditations for Young Yogis, filled with the inspiration of yoga, movement meditation! (42 tracks!) CD-2: A recorded Yoga session for Children Families to practice along with. 15-page Booklet: Includes song lyrics, parent/teacher notes, some photos, and ideas on the many ways to use these CD's. Some songs were created specifically for use in Yoga and Creative Movement classes for children families. Other songs pieces are meant to uplift ALL AGES towards being present everyday! More than just a collection of songs to listen to, it is designed to inspire and support awakening every day to the peace, beauty, light and well-being within each one of us. The word "Namaste!" means: "The light in me, greets the light in you!" It is our dream that the light of "Namaste!" in this CD be distributed around the country and even around the world. We hope to share the simple profound gifts of yoga creativity with children, families, yoga teachers, educators, counselors, health professionals and others. So that our communities, and indeed, our world, may become a brighter place. Contact us for more information on children family yoga classes and events, especially in the NEWPORT, RI area: You may also contact us about booking for a "NAMASTE! Family concert" at your Yoga Center, school or community center, Please Feel Free to contact us with any questions! ***** More about Christopher "Kavi" Carbone: Christopher "Kavi" Carbone, (M.A.) the creator and producer of the "NAMASTE! Programs for Young Yogis!", has been working as a musician, Yoga instructor, Storyteller, and wholistic health counselor for many years, known for his heartfelt messages and original style. He completed his Master's degree through New York University's Tisch School of the Arts, where he focused on utilizing the arts as a means of personal and group transformation. Christopher currently serves with his wife Katherine as Co-director of "Arts-in-Celebration" and "Present Moment Arts Center", providing

experiences in yoga, music, movement and more for all ages. He has been called to bring his programs to schools, festivals, and community centers all over New York City and New England area, and around the country as well. Currently residing in Newport, RI, He also teaches on the faculty of Salve Regina University's Expressive Arts Institute, training professionals in the use of the arts as a transformative force in the world. More information can be found at his website: arts-in-celebration.com

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