

Mp3 Crystal Voices - Deborah Van Dyke & Valerie Farnsworth - Sounds Of Light - The Pure Tones Of Crystal Singing Bowls

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Deeply transformative sound....harmonic crystal bowl tones bathe the listener in healing waves for deep relaxation.....AAAAHHHH Perfect for meditation, yoga, massage. 3 MP3 Songs NEW AGE: Healing, NEW AGE: Meditation Details: The #1 best-selling crystal bowl CD from crystal bowl pioneers, CRYSTAL VOICES! A deeply transformative sound experience! Flow on this mystical river of sound into the tone-world of the Crystal Singing Bowls....calling forth the soul's pure note and the inner harmonies of deep love, joy and remembrance. The quartz crystal bowls are instruments for healing by facilitating: - The release of tension and stress - Alpha wave state of consciousness - Stillness of the mind for meditation - Balance and harmonization of the chakras The entrancing harmonies of Sounds of Light bathe the listener in a seamless weave of crystal tone of fifth intervals and octaves, providing a powerful vibrational therapy for healing and meditation. This recording is pure crystal bowls throughout and is used extensively by Massage Therapists, Reiki Practitioners and Yoga Instructors to provide a healing background for their practice. Track 1 - Octaves of Light This weaving of the musical octaves of B (wisdom/enlightenment - crown chakra), F (love/compassion - heart chakra) and D (passion/creation - sacral chakra), evokes feelings of unity and oneness. Track 2 - Soundings of the Planets The healing power of musical fifths is found in their perfect harmony with fundamental tones. Our intent in offering this track is to provide the listener with a tool for releasing tension and stress, realigning and balancing their energy system, accessing doorways of consciousness, and the activation of one's creative potential. The vision we received while recording was that of the planets in orbit, each one emitting specific frequencies and bathing the earth in healing waves of colour and sound. The fifth intervals used were: A E - 3rd Eye Solar Plexus chakras C G - Root Throat chakras D A - Sacral 3rd Eye E B - Solar Crown F C - Heart Root G D - Throat Sacral REVIEWS: "These harmonic sound currents are some of the strongest psychoactive music EVER....it can induce trance and deep relaxation. The music dances in the brain and fosters meditation and healing." - All Music Guide, Jim Brenholts "SOUNDS OF LIGHT embodies you

with glistening tones of transcendent beauty"...Jonathan Goldman, author "SOUNDS OF LIGHT is the second CD of CRYSTAL VOICES, one of our customer's favourites. Both CD's feature digitally recorded healing tones of quartz crystal bowls. On Crystal Voices we were treated to a variety of healing experiences, including a guided healing journey through the body's energy centres. On Sounds of Light we experience the healing power of the bowl tones combined with crystal chimes, tibetan cymbals and tuning forks. Both CD's are destined to become classic sound healing tools. If you've never experienced the power of quartz crystal bowls, this is an excellent way to give yourself that gift!" - New Renaissance Bookstore Review, Portland, OR "These are higher-frequency, inner attunement SOUNDSCAPES for exploring your inner castle. Highly recommended!" - Branches of Light Review, Banyen Books Sound, Vancouver, BC "THIS IS THE TICKET TO HIGHER CONSCIOUSNESS - The fundamental sound of crystal bowls can be described as a drone type sound - a continual wave of sound that relaxes the mind and helps to shut off the internal chatter. This drone is scientifically measured as alpha waves which our brain entrains itself to when listening. The drone sound creates a bridge that takes us to that inner place within where we can access deeper aspects of our consciousness. Within the soothing sound of the droning there are fluctuations in the vibration that look like an ocean wave when viewing the visual of the sound sample. This is the pure sine wave that the bowls produce. People have a strong response to the crystal bowls because the bowls' sounds are deeply healing and their response depends on whether they are personally ready to shift and release old energies. This recording of the crystal bowls is absolutely the very best quality I have heard and I've tried them all. The harmonies of musical fifth intervals and octaves are extremely healing musical vibrations, anyone familiar with Rudolph Steiner's extensive research and work will be aware of this. If you are ready to shift your frequency, listen to this CD. Fantastic for one's personal meditation and also as a background for massage, yoga and all the healing arts. You WILL feel the healing vibrations transmitted via the magic of the recording. This CD was recorded during a sacred healing ceremony and there is a very pure and high healing vibration transmitted. A gift of pure healing." - Amazonreview ***NOTE: Be sure to check out the newest crystal bowl recording, "CHORDS OF THE COSMOS: Harmonies of the Zodiac with Crystal Bowls for Chakra Balancing, Meditation the Healing Arts" by Deborah Van Dyke - available on here on CDBABY!!!

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