# Mp3 "angelica" Mia Margaret \& Tania Bloch -Angels-adventures For The Spirit 

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Relax to peaceful guided imagery with soothing harp music and nature sounds. An inner journey to sooth the body and balance your energy centers. 4 MP3 Songs NEW AGE: Healing, SPOKEN WORD: With Music Details: tania bloch is a certified yoga teacher, artist and writer. she and her sister, lana, are the co-producers of the award- winning video spirit of yoga in sedona, filmed in the majestic red rocks of sedona, arizona. tania teaches yoga classes and guides yoga meditation nature hikes. the sisters are co-producers of a childrens book how butterbees come to bee along with a toy which encourages positive messages for children. tania is inspired to pursue empowering artistic endeavors that embrace the creative healer within. tania lana's website is: butterbeesor beeunllimitedemail: bee-4-wellness@cox.net mia margaret, "angelica", is an international performing and recording artist, a harpist, photographer, videographer, writer painter. mia "angelica" has traveled to 35 countries and 25 states sharing her talents. she performs as a harpist internationally for many events, celebrations, churches, concerts, conventions, and yoga classes. mia "angelica" is a performer and producer of 11 musical cds and the author of the book "don't worry, be happy". mia's gentle, loving music comes straight from the heart and is heard and loved throughout the world inspiring everyone to remember we are all superstars in our universe. mia "angelica" is an angelic quantum healer, and has been in the healing art professions, which her music reflects with it's uplifting, delightful, relaxing and nourishing, soothing sounds. mia "angelica's" website is: angelicaharp.com/music/wave.html. mia "angelica" lives in sedona, arizona, u.s.a. she can be reached at: angelmia@mac.com

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