

Mp3 Jef Gazley, M.s., Lmft - Is That The Reason My Relationships Fail?

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This self-improvement book describes the cycle of love addiction that is common in this type of relationship and compares healthy love to unhealthy love. 1 MP3 Songs SPOKEN WORD: Audiobook, SPOKEN WORD: Instructional Details: About the Author JEF GAZLEY, M.S., LMFT, DCC has practiced psychotherapy for over thirty years and is the owner operator of asktheinternettherapist since 1998 and hypnosistapes4health since 2004. He is the author of eight mental health educational videos and DVDs and is currently writing a book on distance counseling. Jef is State Licensed in General Counseling, Marriage/Family, and Substance Abuse. He is dedicated to guiding individuals to achieving a life long commitment to mental health and relationship mastery. In his private practice in Scottsdale, Arizona, Jef specializes in ADD, love addiction, hypnotherapy, dysfunctional families, codependency, and trauma. He is a trained counselor in EMDR, NET, TFT, and is a certified clinical hypnotist and hypnotherapist. Jef received his B.A. in Psychology, History, and Teaching from the University of Washington and his Masters in Counseling from the University of Oregon. His hobbies include music, and a love for all sports (he's an expert fencer). His favorite readings are history, biographies, and Russian authors. Jef resides in Scottsdale, Arizona with his partner, Janice.

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