

Mp3 Michael Perricone - Sacred Bowls

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Music for meditation and relaxation and mesmerizing tones spiral out from ancient bowls of the Himalayas. 2 MP3 Songs NEW AGE: Meditation, WORLD: Asian Details: 53 minutes of the pure relaxing and healing tones of antique Tibetan singing bowls. "The sound of Tibetan singing bowls vibrates through your whole body. You don't just hear it, you feel it. As a recording artist, it was the challenge to capture all the nuances of this sound which drew me to these wonderful musical antiques. Every time I came across a spritual book store or Himalayan import outlet I tried every bowl thy had, getting instruction from the sales staff. Soon I came to discover the more mystical effects of the musical bowls. I started playing them at home to calm down after a crazy day, or helping my young son give in to sleep. When I perform with my ensemble, Acoustica, I start the set by playing a bowl. The effect is amazing. The room gets very quiet, very quickly. The audience opens up to the show on a deeper level. I built my first CD, "Journey of Seven Bowls" around the singing bowls, combining them with other instruments. Yearning to present these magical bowls on their own, I created this new recording, "Sacred Bowls". After several months of picking and combining tones and harmonics, here it is. Every sound was created by metal bowls ranging in age from recent to over two hundred years old. I hope the vibrations bring you peace, health and good fortune. -Michael Perricone May 25, 2004 ----- Michael Perricone Artist Bio

Michael Perricone started out playing guitar and bass at age ten. He played in rock bands and acoustic combos in high school. While in high school, he formed a sound company that afforded him the chance to record one of the local bands in a commercial recording studio. This opened his eyes to recording and producing, and opened them wide. At age 19, Michael moved to Hollywood, took an assisting job in a 24-track studio and within a year became a mixer for major film and television music and records. Since then he's mixed for everybody from Joe Walsh and Alice Cooper to Johnny Mathis and Public Enemy, to Lionel Richie and No Doubt. Never giving up his dream to write and produce, he continued playing guitar and producing music, teaching himself piano and keyboards along the way and doing session work as a percussionist. In order to have a base for producing, in 1985 Michael founded Interlock Studios in Hollywood, which he ran successfully for 17 years until he sold the company in 2002. He's produced

records in every genre, some of them charting in such diverse areas as a number four single on the dance charts, a top 100 single on the country charts and a number four single on the classical charts. Michael took a break from mixing and producing in the mid-nineties to pursue screenwriting. He wrote produced episodes of Paramount's "Star Trek:Voyager," Disney's "In a Heartbeat," and Spelling's "Savannah" and "Charmed." Missing music, he returned to the recording world and started Airetight Records. He produced the crossover record "In the Balance" by Jahna, which is currently getting worldwide airplay and is number two in southern Japan. He followed that with the classical duo, DivAria and their CD "Fresh" which was number four on the mp3classical charts with over 2500 downloads. Now, Michael combines an affinity for yoga with his eclectic musical abilities to create the first CD featuring his own music: "Journey of Seven Bowls." Released in 2004, "Journey" is gathering endorsements from yoga instructors, massage therapists and even non-yogis from rockers to senior citizens. It looks like Michael is creating a new genre: Yogi Crossover. "Journey of Seven Bowls" is about become the first yoga CD released in surround for DVD Audio. His most recent release is "Sacred Bowls," a collection of Tibetan bowl recordings. Airetight Records

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