

# Mp3 William Hanrahan - Voice Power - Volume 1

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Instructions for breath support, guided relaxation and visualization exercises for increasing the voice power of singers, public speakers communicators. 3 MP3 Songs SPOKEN WORD: With Music, SPOKEN WORD: Instructional Details: William Hanrahan is on the voice faculty of the University of California, Riverside, and Mt. St. Mary's College, Los Angeles. A keynote speaker for the International Governors Conference of Toastmasters and a guest presenter at the First International Conference on Music in Human Adaptation, he maintains a private voice studio in Los Angeles. In addition to his professional performances, his work includes corrective vocal training, techniques for refining public speaking and presentation skills, communication skills training, and the private voice instruction of professional singers and actors. Vocal Integration provides a unique exploration of the psychology of communication, sound and language. This extraordinary compilation of performance tools is drawn from rich and diverse disciplines of research - the Institute of Relaxation, the powerful scripting process developed and used by the "Change Your Mind/Life" program, psychosynthesis, brain integration, accelerated learning and the voice development programs of Vocal Integration Concepts. These exercises can be used by anyone who uses their voice in any capacity. They are set to the beautiful soothing Celtic harp improvisations from the album, "The Tranquil Harp." The pure harmonically rich harp sounds played at a slow regular pulse encourage alpha wave activity in the brain, resulting in greater relaxation, clarity, focus and concentration. Existing skills will be enhanced and exciting new possibilities will be created for singers, public speakers, and communicators alike.

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