

Amy Bento S Hi Low Mix 60min 144bpm

[DOWNLOAD HERE](#)

AMY BENTO, A fitness professional for over 18 years, Amy Bento has taught upwards of 6,000 group exercise classes. Her class resume includes: all levels of step, double step, resistance training, hi/lo, kickboxing, slide, Kettlebell, boot camp, Bosu, Core Board and many more. This soundtrack features strong Eurobeat styles ideal for Hi Lo & Cardio programs. For more information on AMY BENTO and her video programs, please visit nrgfitness.net

[DOWNLOAD HERE](#)

Similar manuals: