

# Mp3 Pumpin House - Compilation Workout, Vol 1

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Pumpin House, Vol. 1 is the ultimate high energy aerobic/fitness mix featuring today's and tomorrow's hits. Featuring some thumpin' house tracks along with some kickin' remix/covers of a few 80's classics. Look out Richard Simmons. 15 MP3 Songs ELECTRONIC: Dance, POP: with Electronic Production Details: A non-stop mix by international recording artist/DJ Cary August, Pumpin House Workout is the ultimate high energy aerobic/fitness mix featuring today's and tomorrow's hits. 1. Foundation - Somebody's Watching Me 2. 54 feat. Lawson - Sky High 3. Diamond Life - Boom Boom Boom 4. Lawson - My Shining Star 5. King Junior - Rubberneckin 6. Fab - Inside Out 7. Foundation - Let's Groove Tonight 8. Foundation - Fresh 9. Hacienda - Tonight Tonight ! 10. Candy - Holiday 11. Cary August - Bizarre Love Triangle 12. Cardenia - Funkytown 13. Kenne - This Is Your Night 14. Cary August - Get Off My Cloud 15. Akvo feat Yasmin - Bermuda Beauty \* Top Hits \* Great For Sculpt Cardio Workouts \* Mid-Tempo \* Programmed by Fitness Experts \* Great To Workout To \* Great To Dance To \* For All Ages \* Continuous Music \* Non-Stop Play \* Extended Re-mixed Versions

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