Mp3 Mark Beshara - Astral Sounds

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The only recording of its kind in existence, Astral Sounds contains no human voices, musical instruments, or sounds of the environment. This is 24 minutes of delicate sound waves arranged in a pattern designed to stimulate a 'pleasure center' in the brain 1 MP3 Songs NEW AGE: Meditation, ELECTRONIC: Ambient Details: DESCRIPTION Dont expect a lullaby. Worries disappear. Pain vanishes. Problems automatically solve themselves. All this and more has been reported by users of Astral Sounds. By listening to Astral Sounds you can experience warm, sensuous vibrations of happiness and well-being any time you want to. This unique 24 minute recording is designed to stimulate a pleasure center in your mind to create physical and mental peace and euphoria a natural high. Astral Sounds contains no musical instruments, human voices or sounds of nature, yet it can automatically create feelings of happiness, health and a blissful state of mind. The first time you listen to Astral Sounds you may be puzzled by it. Some listeners even consider it eerie. But to make a snap judgment is to miss its most outstanding benefits. For maximum effect loosen your clothing, lie down, turn off the lights, put on earphones, relax and listen. Before long youll find yourself drifting into a state of natural, deep rest, enjoying visions of magnificent colors and symbols, just as more than 500,000 other users all over the world before you. MORE DESCRIPTION The only recording of its kind in existence, Astral Sounds contains no human voices, musical instruments or sounds of the environment. What it does contain are 24 minutes of delicate sound waves arranged in a pattern designed to stimulate a pleasure center in the brain. People worldwide report that it carries them into a state of blissful deep meditative rest where the body seems to float in warm fluid where pain vanishes and problems solve themselves as worries, stress and anxiety disappear as they are transported mind and body into a state of unimaginable pleasure and colorful visions. Loosen your clothing, lie down, turn off the lights, put on earphones, relax and listen. Soon youll drift into a state of natural, deep rest and see a beautiful mental light show. Join the more than 500,000 people worldwide who enjoy Astral Sounds. ABOUT ARTIST Mark Beshara, born and raised in Brooklyn, New York, has lived in places as diverse as Alaskas Aleutian Islands, the Arizona-Mexico border, Jamaica, Australia, Java, Bali and Borneo. He authored three travel guidebooks to Bali and spent ten years in Indonesia as a

marketing consultant to the Indonesian government. During his 20 years in Los Angeles he produced three record albums for fitness guru Richard Simmons, and was awarded a Gold Album for sales of more than 500,000 copies of his Astral Sounds, a project he conceived, produced and directed. Searches:astral sounds download

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