

Mp3 Judith Tamar Stone - Body Walk Meditations

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Take a walk with your body as Judith Tamar Stone guides you through a variety of inner body journeys. This CD of Body Walk Meditations is a compilation from Judith's Body Dialogue Training. 6 MP3 Songs
SPOKEN WORD: With Music, NEW AGE: Meditation Details: Take a walk with your body as Judith Tamar Stone guides you through a variety of inner body journeys. This CD of Body Walk Meditations is a compilation from Judith's Body Dialogue Training. These meditations will allow you to explore what your body is feeling and needing. Your guide through these meditations is Judith Tamar Stone, MA, the Founder and Director of Boulder, Colorado based Voice Dialogue Connection. This organization is dedicated to providing workshops and tools based on the groundbreaking work of her father and stepmother, Drs Hal and Sidra Stone. Searches:voice dialogue body walk meditations cd

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