

# Mp3 Benny O'carroll - Sessions From The Hearth "live" At The National Folk Theatre Of Ireland

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Live Traditional Irish Music at its best, performed the most talented musicians in Ireland today 14 MP3 Songs WORLD: World Traditions, FOLK: Traditional Folk Details: Everyone needs an elixir of life. For the followers of Irish Traditional Music its the "session", that exciting event that pulls people together and binds them with an invisible force. A good session generates its own energy, a resonance that fills the void of time space, a sacred rite of rhythm and rhyme which allows the soul to free itself from the fetters of mediocrity. Each participant becomes suspended on a wave of musical emotion, savoring every note and nuance. This album gives one a glimpse of such an event in Irish life, capturing the mood and spirit, the interplay between artist and audience. Glimpses of history emerge from the introductions to the music and song given by the performers, and the material is well-chosen and varied to hold the attention of the listener. Strong singing coupled with assertive, confident playing dictates the pace throughout. There is much to be found in a live album where performers are striving to produce their very best in front of a focused audience and where every note and phrase hangs in the balance between perfection and human frailty. This album deserves attention because it does capture that elusive balance while celebrating our tradition with pride and panache.

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