

# Mp3 Frank Harris - From The Cave

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A masterful blend of world music/ethno-pop, sacred chanting with soaring vocals, and terrestrial electronics, making it a perfect uplifting mix for contemporary living. 11 MP3 Songs NEW AGE: New Age, WORLD: World Fusion Details: Endorsements: "Franks music carries the grace and rhythm of the best of world music with a gently overlay of spirituality . Think Peter Gabriel, Sting, jazz and world music...and you will know what it is like to enter the cave." - Lee Lipsenthal M.D. - president, The American Board Holistic Medicine and former Medical Director of The Dean Ornish Program "You did it Frank, this music takes me straight to my heart" -Nischala Joy Devi- author of the Healing Path of Yoga About Frank's music "hunt it down, it's irresistible" -NPR's all things considered Bio: FRANK HARRIS is a musical visionary. He is also a musician, composer, engineer and music producer. He received his B.A. in music performance/classical guitar from UCLA. Frank plays piano, guitar, sings, composes and arranges music with the aid of computers and synthesizers. Frank became one of the world's experts at programming the Synclavier, an early digital synthesizer. For the past 20 years, he has run Third Wave Productions, which is his own music production company. His outstanding work as a recording engineer has provided him critical acclaim in numerous audiophile publications. His last CD, "From the Gekko" (1997), was reviewed on NPR's award-winning program "All Things Considered," and was lauded as one of the best global albums of the year. A combination of real world and synthesized music, rich South American vocals and jazz, it became a highly praised work that is both accessible and intelligent. His association with Ralph Records, home of The Residents and other fringe elements, opened even more doors. Frank's accomplishments range from film scoring and commercials to documentaries and production for groups as diverse as Rhythm and Noise. His work includes: musical composition for Joseph Campbell's acclaimed lecture series, film scores such as the award-winning PBS documentary "Not All Parents are Straight," the independent film "Three by Three" and the feature film "No Retreat, No Surrender" starring Jean Claude Van Damme. Frank composed and produced an original theme for ESPN's primetime show, "The Season," composed the theme and score for Hearst Entertainment's nationally syndicated TV series "The Bravest," as well as music for the TV show, "B. Smith with Style." It is his breakthrough methods for

composing on the Synclavier, bringing a human element to its vast capabilities, which have been at the center of much of his creative output. Most recently, Frank composed and performed the score for "The Core," a documentary about rock climbing in Yosemite which premiered nationwide April 3, 2005 on HDTV's Rush network. His new CD, "Take My Heart: Music from the Cave," will be released in 2006.

Frank resides in the San Francisco Bay Area, where he continues to create music from his heart.

frankharrismusic.com Description: Imagine hearing chants to Rama at your favorite jazz club, smoothly grooving with the clubs usual fare; or participating in a song to Shiva at your next rock concert. Welcome to the world of Frank Harris and his latest recording From the Cave. Intelligent, sophisticated and full of heart, the recording highlights passionate Sanskrit chants that are interlaced with long instrumentals combining elements of jazz, rock, and traditional sounds from South America, Africa, and especially India. Harris is a musician best known for film scores, documentaries, and critically acclaimed recordings that marry the jazz and world music genres. Here, he has embraced chanting in his inimitable way. "From the Cave begins with a centering OM, followed by chants to Govinda, Shiva, Rama, and others. Each piece features lush, passionate vocals imbedded in a masterful musical foundation; long instrumental interludes act as bridges between the chants. The last three songs are gentle and dreamy, allowing your body to relax and fall into a quiet stillness. From the Cave will surely lead you to a wondrous world within.

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