## Mp3 Always The Runner - Rock: Instrumental Rock

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Always the Runner is a victorious implemental band from Baton Rouge, LA. 6 MP3 Songs Rock Implemental Rock Rock Math Rock Always the Runner Songs Details: Always the Runner is an implemental band developed by four young gentlemen who thought it necessary to do something different from their peers. Their brand of rock and roll is characterized by a twin guitar attack, supported by bass, drums, keyboards, and other electronic elements. The band drew their name from the work experiences of one of those guitar wielders, a chap who felt that his boss took advantage of his willingness to step above and beyond his normal duties. He reported to his future band mates over beers, "They got me a' goin' on all these errands. Shoot, I'm Always the Runner." Shortly after it's' incarnation, AtR entered the studio to record the first demo. From these sessions came the two-song EP "I Thought I'd Find You Here", made available on the bands website alwaystherunnerand at performances. The band will enter the studio once again in January '04, but this time to record the first full length album. It is easy to say that with the new album, AtR's listeners will be taken on a journey. Where that journey will lead, we can't know. Some things you just have to wait for. None of the band's members are new to the game, so to speak. They've all played and toured in bands for years, slugging it out in a vicious Baton Rouge scene, a scene that thrives on destroying the dreams of the young, a scene that washes over you with silt and scum and throws you to the side like the Mighty Mississippi itself. Always the Runner has shared bills with many notable artists in its short existence up to this point. These acts include, but are not limited to; Jealous Sound, Mock Orange, The Appleseed Cast, Communiqu, Hey Mercedes, Mae, The Mercury Program, Oranges Band, Staring Back, Armor for Sleep, The Forms, The Six Parts Seven, The Summer Hymn, The Stereo, and Ted Leo and the Pharmacists. They are currently playing regionally with plans of touring in early 2004. They are here to rock you. alwaystherunner.com

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