

Mp3 Lucyan - Om

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Meditative music, with using of the mantra OM. Very quite. Improvised melodies sung by a singer who sings 2 sounds in the same time - OVERTONES CHANTING. The base is being performed by a chorus which sings OM and some instruments, as Eolian harp or tamera. 2 MP3 Songs NEW AGE: Meditation, WORLD: World Traditions Details: I was born in 24.03.1954 in Lodz (Poland). I attended the University of Lodz and I got the degree of the Polish philology (literature and linguistic sciences) in 1981. From 1978 I am engaged in the musical activity, playing various instruments, singing and composing. I play guitar, electric bass, sitar (Indian lute), bamboo flutes (among them bansuri - Indian flute), blockflute (recorder), saz (Middle East lute), bouzouki (Greek lute), panduri, chonguri (Georgian lutes), mandola (Italian lute), drums (drumset), percussion and other instruments. As a singer I won the first prize of the festival We Sing the Poetry (Olsztyn, Poland 1983). I have composed the music for different theatrical pieces and I have recorded numerous musical albums with my compositions which have been produced in Poland, Italy, Hungary and USA. My CD Relaxing was sold together with the Italian magazine "Re Nudo" in March 1998 and in November 2000. A few my compositions have been published on a cassette together with the book of Renzo Luca Carrozzini, entitled Manuale di Musicoterapia Immaginativa. I have given different courses of musicotherapy in Poland and Italy, using my personal method which connects the western musicotherapy with the tradition of yoga and tantra. I am a honorary member of Italian Society of Imaginative Musicotherapy. I am leader since 1983 of the Polish musical group Orientacja na Orient and since 1995 of the Italian band The Lucyan Group. I play also in the Italian group Shakti Vilas, which presents the spiritual Indian songs bhajan and which has recorded 2 CDs (Italy, Hungary).

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