

Mp3 Frank Garfield / Cheryl Beshada - High Self Esteem

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Do it awake - or - do it asleep. You can ... learn de-stress while you sleep. The best Hypnotic relaxation ever that balances left/right brain and will help you improve your life. 1 MP3 Songs SPOKEN WORD: With Music, NEW AGE: Healing Details: Cheryl A. Beshada, C.M.Ht. is a certified Medical Hypnotherapist and the founder and director of Clinical Care Network and the co-founder of the CCN Professional Group in Warren, Michigan. She has helped many people improve the quality of their lives through her clinical practice in hypnotherapy. She is noted for her innovative therapeutic techniques as well as her informative lectures, tapes and group seminars. Ms. Beshada and husband Frank Garfield founded the Clinical Hypnosis Institute in Farmington Hills, MI and specialize in advanced workshops for professional Hypnotherapists. Cheryl has extensive experience including having trained many other professional hypnotherapists since 1991 while maintaining a busy private hypnotherapy practice. CERTIFICATIONS National Board for Hypnotherapy and Hypnotic Anesthesiology Stress Technology and Management Co. MEMBERSHIPS American Assn. of Professional Hypnotherapists American Red Cross/Instructor Better Business Bureau Clinical Care Network Professional Group International Hypnosis Federation Toastmasters International Frank Garfield, C.M.Ht. is a Certified Medical Hypnotherapist and together with wife, Cheryl, founded the Clinical Hypnosis Institute in Farmington Hills, MI. and the Clinical Care Network Professional Group in Warren, MI. He began studying and practicing hypnosis in 1970. As a professional trainer and NLP Master Practitioner in 1996 he opened the Infinity Institute of Australia to meet the growing need for professionally trained Hypnotherapists. Mr. Garfield teaches advanced courses to professional hypnotherapists, including graduate programs and state of the art techniques for medical hypnosis. Frank works in a broad variety of therapies and specializes in the use of hypnosis for comfortable pregnancy, childbirth and working with Cancer Patients. Mr. Garfield provides services for individuals, corporations, schools and hospitals. Hypnotherapy Certifications: American Council of Hypnotist Examiners International Hypnosis Federation National Guild of Hypnotists Fellowships: International Hypnosis Federation Memberships: American Red Cross Instructor Trainer Clinical Care Network Professional Group Toastmasters International International Hypnosis Federation

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