Mp3 Saggio - Hollow Bone: Healing Songs Of The Native Flute

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Native American flute, melodic world percussion and magical strings, created for healing, meditation, bodywork and wellness programs. 11 MP3 Songs NEW AGE: Healing, WORLD: Native American Details: Saggio is a former student of R. Carlos Nakai, a member of The International Native American Flute Association, and an honorary member of the Arizona Flute Circle. He has been playing native American flutes for 13 years, ever since he was captivated by this primal sound and made aware that some kind of collective cellular memory had been triggered in him. Saggio's first encounter with the native American flute was a mystical union of wood, flesh and spirit, a genuine heart-awakening. This was a coming home for both the flute and the flute player, a soulful reunion of long separated friends. "I play these flutes without knowing how," says Saggio. "It is because I AM what I play. I put my head under my arm and play from my heart until I become a hollow bone." This self taught artist describes this newest release as "...a haunting, ethereal healing journey of flute spirit songs, accented with melodic world percussion (including the amazing steel hang drum from Switzerland, (tracks 3 9) and the magical strings of Indian tuned zither-harp (tracks 4 8) and baritone dulcimer (track 2)." Also in the mix is a deep, resonant udu, a meditation tongue drum, Jew's harps from different cultures and an extraordinary German Sansula kalimba mounted on a drum head (track 5). Boyd Sibley also joins Saggio on this album with magical touches of keyboard. The energetic signature of the album and its title derive from the spiritual pathway of Fools Crow, a great holy man of the Teton Sioux. When asked by his people how he could perform such miracles of healing, Fools Crow answered, "I make myself a hollow bone." All the songs on this CD are one-take impartations from within as Saggio becomes a hollow bone for the spirit that animates all being. Searches:hollow bone music

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