Mp3 Liora - Heart Light

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This harmonic chant will take you on a soothing soundscape journey. Sung with the intent to connect the listener with their own radiant presence. Feel the harmony immediately. Overtone singing like never before. Beautiful Meditation CD 8 MP3 Songs NEW AGE: Healing, NEW AGE: Meditation Details: Liora's harmonic vocals/harmonic overtone chants are highly captivating and mesmerising. In this pure voice CD no instruments are used Only the incredible high frequency harmonics give another dimension of sound This soundscape journey is like no other-- taking you travelling on the Sound Current-- Connecting you with your own radiant presence Liora is a vibrational sound healer and believes if the eyes are the windows to the soul then the voice is the passage to the heart One way to enjoy listening to this beautiful artistic creation--Heart Light-- is as a sound healing meditation CD When we listen in this manner, our entire scope of consciousness changes. We begin to understand the inter-relationship of ourselves and the cosmos and we may find answers to previously unthought of questions. Barriers within ourselves disappear, as do those between ourselves and others. We begin to experience a "Oneness" that helps us realize our interconnectedness with all things. This is an awareness that the spiritual masters from different paths have spoken of throughout time. It can be achieved through Harmonics and sound Listening to the soothing Sacred Sounds of Harmonic Vocals can and will create states of deep relaxation and meditation Becoming one with the sound is the key to meditation with sound Listening to Sounds of high Harmonic content:-- 1. Can charge the cortex of the brain--energising 2. Reduce respiration and heart-rate 3. Lower brain wave activity When you first become of aware of harmonics as a phenomenon of sound, your entire way of listening becomes altered. As you become aware of Harmonics your listening patterns change, as this occurs, so does your consciousness. Listening is not passive. It is active Children are also enjoying Liora's Heart Light CD at bedtime promoting peaceful dreamtime

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